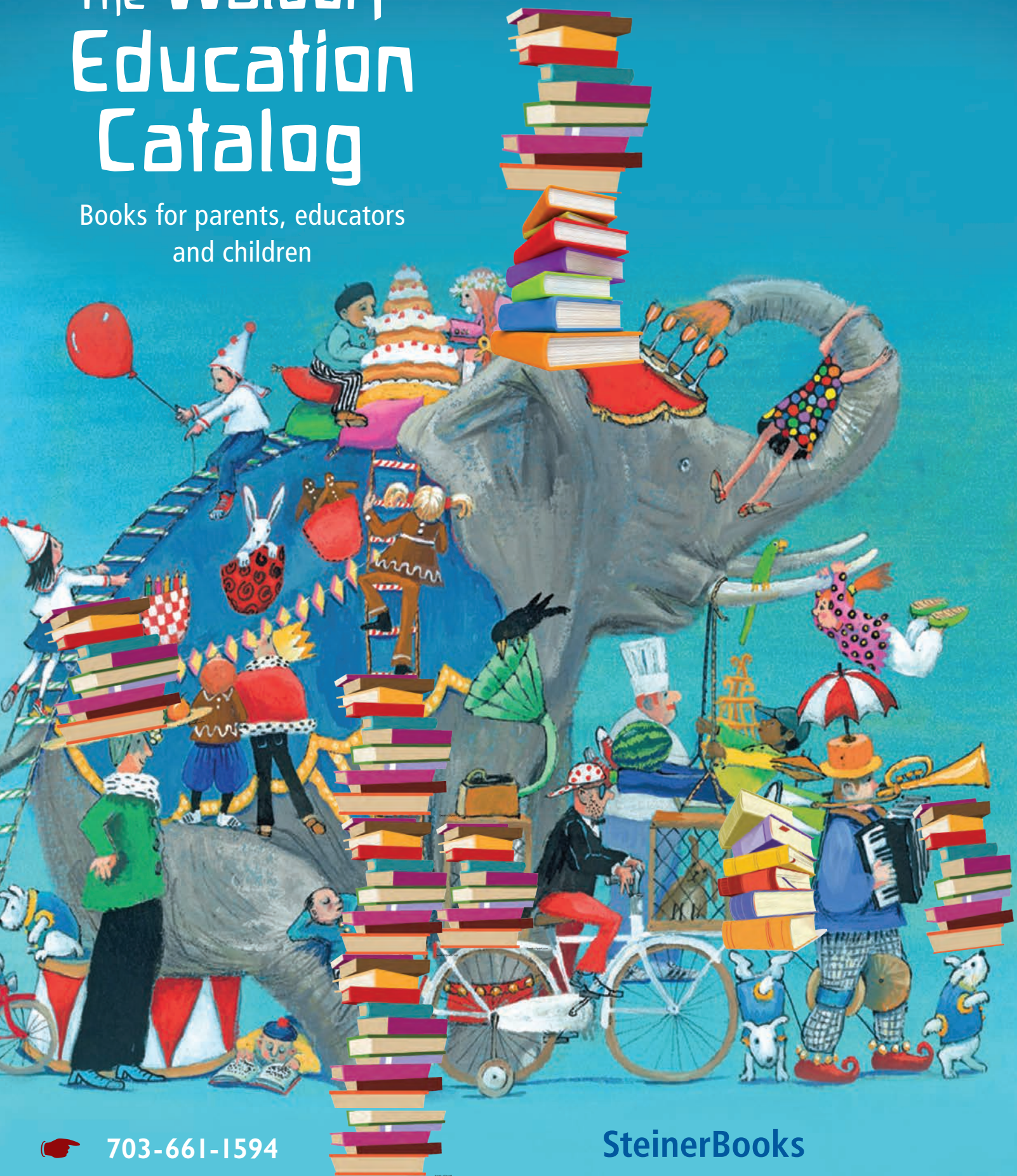


The Waldorf Education Catalog

Books for parents, educators
and children



 703-661-1594

SteinerBooks

Welcome

to our 2018 Waldorf Education Catalog

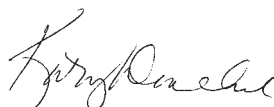
This catalog is the result of the work of many authors and editors, artists and teachers: thinkers and doers, whose insights and deeds can be experienced as healing gifts of warmth and light. Rooted in the spiritual science of Anthroposophy, they bring new ideas for enrichment through an educational practice that relies on the inner work of teachers and the loving support of parents.

More than ever before, the modern child needs the natural rhythms of life to be supported by wholesome food, a connection to nature, and enrichment through the arts, literature, and science. Waldorf Education can be a healing educational journey for everyone involved—students, teachers, and parents—and part of our mission at SteinerBooks is to support this journey with books, lectures, and other educational resources. We share the work Rudolf Steiner began with his writings and lectures in the form of publications that you can turn to as you, like us, seek to bring meaning to the art of education.

As we usher in 100 years of Waldorf Education in 2019, we welcome you to explore the wisdom and insight that started it all (Foundations of Waldorf Education series, p. 52) as well as the many truly wonderful new offerings in the pages that follow.

With best wishes for all your endeavors,

Kathy Donchak



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KEY: All books in this catalog are paperback unless otherwise indicated.

PUBLISHER ABBREVIATIONS: Floris Books-FB; Hawthorn Press-HP; Lindisfarne Books-LB; SteinerBooks-SB; Rudolf Steiner College Press-RSCP; Rudolf Steiner Press-RSP; Temple Lodge Publishing-TLP

Cover art based on *Charlie's Magical Carnival* by Marit Törnqvist
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PLEASE NOTE: all prices are subject to change without notice.

With Stars in Their Eyes

Brain Science and Your Child's Journey toward the Self

SHARIFA OPPENHEIMER

"Sharifa brings forward valuable current research and then applies it directly to ways of being with children in an honoring and deeply loving way that empowers their growth as resilient, coherent and empathetic human beings." — Carla Hannaford, PhD, biologist, international educational consultant

"How brain science can guide our parenting decisions... a road map of child development that is scientifically sound and yet honors the whole child."

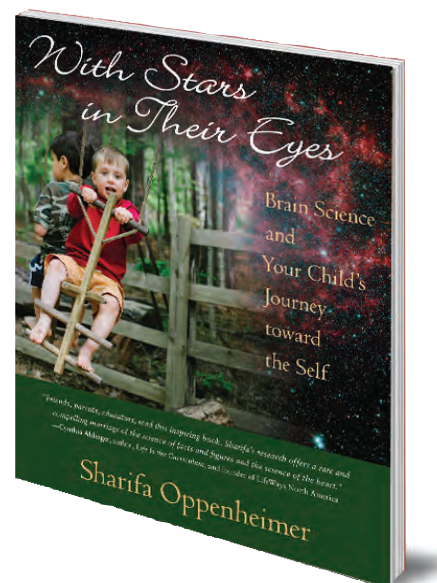
— Kim John Payne M.ED., author of *Simplicity Parenting* and *The Soul of Discipline*

Here are renderings of the gentle ways that young children have been traditionally raised and educated, as well as the cutting-edge research that supports those practices.

Each chapter offers parents and educators ideas for bringing both this new science and the time-honored ways into the home and classroom.

SHARIFA OPPENHEIMER was the founding teacher of the Charlottesville Waldorf School, where she taught kindergarten for 21 years. She is the founder and director of The Rose Garden, a home-based early childhood program in Virginia. Sharifa travels nationally and internationally, lecturing and giving workshops to teachers and school and parent groups.

9781621482260 Paperback SteinerBooks 308 pp. \$28.00

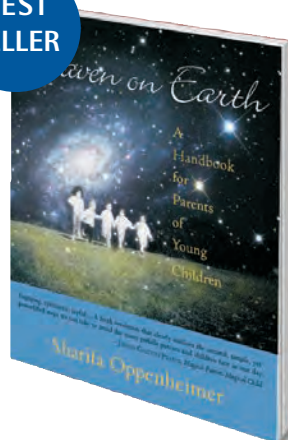


A new paradigm
that marries ageless wisdom
with the new science of
the brain and heart.

COMING SOON!

Order this book **DECEMBER 2018**

**BEST
SELLER**



Heaven on Earth

A Handbook for Parents of Young Children

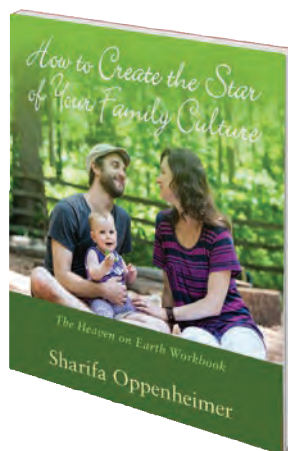
SHARIFA OPPENHEIMER

The Internationally bestselling parenting handbook for the parents of young children

"This book offers sound parenting principles with down-to-earth examples of how to raise children with both insight and grace."

—Jack Petrash, Director, Nova Institute

9780980083118 SB 256pp \$25.00



How to Create the Star of Your Family Culture

SHARIFA OPPENHEIMER

"What a perfect book for young parents ... a great addition to a parent-child group in a Waldorf school as an inspirational study."

—Adam Adnam, Amazon review

Using excerpts in *Heaven on Earth* as guiding images, this exploratory workbook is a guide for establishing a loving, disciplined approach to family life. Parents are given insights for dealing with developmentally appropriate behavior issues.

9781621481393 SB 152pp \$17.95



What Is a Waldorf Kindergarten?

Second Edition

COMPILED AND INTRODUCED
BY SHARIFA OPPENHEIMER

Inevitably, a big decision arises: How and where should my child be educated? Learn from experienced teachers what lies behind the Waldorf kindergarten methods and the practical ways in which it is applied in the classroom. Throughout the book, longtime kindergarten teacher Sharifa Oppenheimer masterfully introduces each topic. Illustrated throughout with color photographs of activities in Waldorf kindergartens.

9781584209997 SB 128pp \$15.00

Parenting with Values

12 Essential Qualities Your Children Need
and How to Teach Them

CHRISTIANE KUTIK

What do we, as parents, need to give our children to ensure they grow up to be happy, well-balanced and resilient people?

"Rest assured, this is an extremely level-headed and warm-hearted book that offers a great deal to stressed parents and families. This book is short enough to be an easy read, but powerful enough to give you insight."—EYE Magazine

"A brilliant book... provides the opportunity to consider how to free ourselves from some of the stresses of parenting by renewing these twelve qualities within ourselves and modelling them for our children."— New View

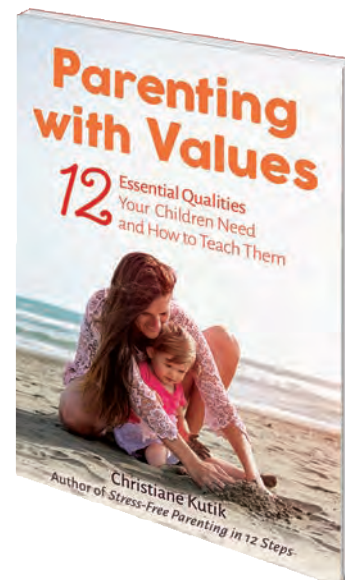
Some people may consider values to be an old-fashioned concept, but parenting tutor Christine Kutik suggests that by fostering twelve vital values parents can provide their children with all the tools they need to flourish, to discover the worth of non-material rewards and to have an emotionally enriching life.

In twelve short, easy-to-digest chapters, Kutik discusses the essential qualities that children need, with lots of practical examples, and explains how each one is learned and passed on from parent to child.

Self-esteem • Compassion • Honesty • Respect • Sensibility
Humor • Security • Capacity to manage conflict • Independence
Interest in the world • Soulfulness • Connection to the natural world

CHRISTIANE KUTIK is a mother of two, an interior designer, teacher and parenting consultant. She is a director at the IPSUM Institute in Munich, which trains parental advisors in early-years childcare, and gives lectures and seminars on practical issues relating to daily childcare and family life.

9781782504825 Paperback Floris Books 128 pp \$14.95



Stress-Free Parenting in 12 Steps

CHRISTIANE KUTIK

"This short book manages to pack in a huge amount of clear information and practical help in a format that makes it easily accessible to a tired, and perhaps rather desperate, parent."

— New View

9780863157622 FB 192pp
\$15.95



Helping Children Form Healthy Attachments

Building the Foundation for Strong Lifelong Relationships

LOIS EIJGENRAAM

Practical advice from an experienced educator on how the process of healthy attachment develops in young children, what conditions are needed for becoming well-bonded, and how care providers and educators can help.

9781782503729 FB 120pp \$13.95



Warmth

Nurturing Children's Health and Wellbeing

EDMOND SCHOOREL

In the first book of its kind, anthroposophical therapist Edmond Schoorel uses the theory of the fourfold human being to explore the role of warmth and the "warm organism" in child development. This fascinating and practical book gives valuable insight into how to raise motivated, health children with warmth in their relationships and confidence in who they are.

9781782504436 FB 96pp \$13.95



Managing Screen Time

Raising Balanced Children in the Digital Age
EDMOND SCHOOREL

"...not only a fascinating read, but one which is very parent friendly, and not at all dogmatic."—Kindling

A comprehensive exploration of the health effects of screen time and the educational impact of new technology. Written by a pediatrician specializing in an anthroposophical approach to child health.

9781782502487 FB 128 pp. \$13.95

Why Don't Children Sit Still?

A Parent's Guide to Healthy Movement and Play in Child Development

EVELIEN VAN DORT

Why is my son so clumsy? Why is my daughter's handwriting so messy? My children only want to play video games: will lack of movement really hurt them?

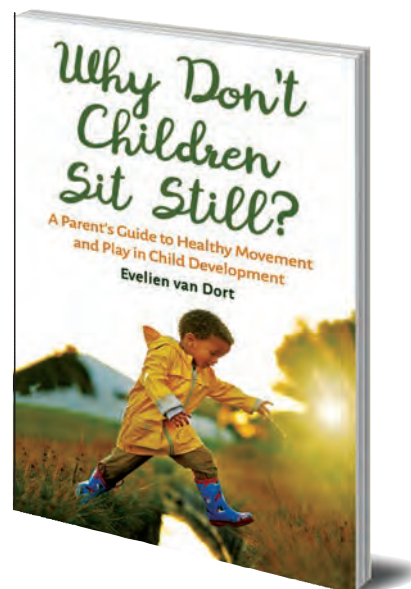
Movement is essential in helping children develop not only motor skills but also intellectual, emotional and social skills. Children learn through 'doing' and play. But a child's journey to learn how to control their body can cause frustration in parents. How often do parents say, "Can you not just sit still?" or treat a grazed knee when children fall over their own feet?

By understanding how children develop sensory motor skills — that is, get information through their senses and respond with their physical body — parents can start to address and find reassurance about the issues that concern them.

In this practical and insightful book, Evelien van Dort uses her thirty years' experience as a children's physiotherapist, and draws on Rudolf Steiner's theories of child development, to outline how children develop skills such as spacial awareness, balance, coordination and telling right from left. This book will inform and reassure any parent or educator about the impact of a child's movement on their wider learning.

EVELIEN VAN DORT is a children's physiotherapist in the Netherlands, with over thirty years' experience. She has two children, and has written many storybooks for children. She was knighted in 2016 in recognition of her services to literature and literacy.

9781782505143 Paperback Floris Books 120pp \$13.95



Why Children Don't Listen

A Guide for Parents and Teachers

MONIKA KIEL-HINRICHSSEN

"... this book is worth a read regardless of how well you think you communicate with your child."— Education Otherwise

9780863155741 FB 192pp.
\$19.95

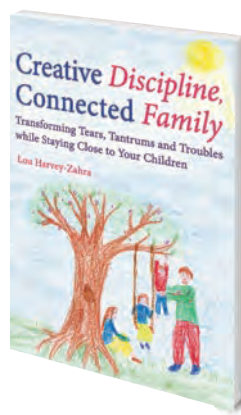


Calm Kids

Help Children Relax with Mindful Activities
LORRAINE E. MURRAY

From meditations around daily activities for busy families to ideas for group "quietness" sessions in schools. Lorraine Murray provides fun, tactile rhymes to help toddlers calm down before bedtime and suggests ways to help teenagers reduce anxiety. Giving a range of case studies, she shows how these methods can help children with ADHD and those on the autistic spectrum.

9780863158629 FB 176pp \$18.95



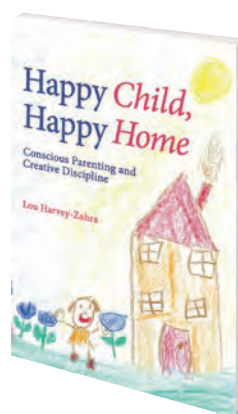
Creative Discipline, Connected Family

LOU HARVEY-ZAHRA

"My fastest-selling Steiner-Waldorf parenting book ever" — Mirakye McCarty, (Steiner-Waldorf shop, Australia)

"At last a discipline book that does not mention time out, rewards and punishments!"
— Caroline Anderson (child psychologist, family therapist and parent)

9781782502135 FB 272pp \$24.95



Happy Child, Happy Home

LOU HARVEY-ZAHRA

"This is a fantastic parenting book. Families Rating: 6 out of 6 stars"— Families Online
9781782500551 FB 224pp \$24.95



Parenting in the Here and Now

LEA PAGE

"This book is an empowering guide to a truly heart-centered way of parenting."— Donna Simmons, Christopherus Homeschool Resources
9781782501640 FB 200pp \$24.95

Through the Rainbow

A Waldorf Birthday Story for Children

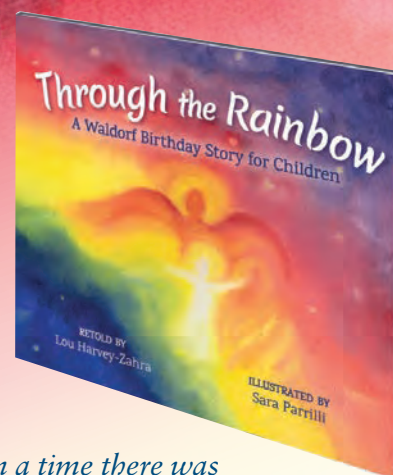
RETOLD BY LOU HARVEY-ZAHRA

ILLUSTRATED BY SARA PARRILLI

Children's birthdays are a wonderful time to remember the day they arrived in the world and to reflect on the previous year. The Waldorf birthday story tradition is a special part of growing up and has been told for generations, holding a unique place in the hearts and memories of thousands of families. This is a faithful and inspiring retelling of the most well-known version by parenting coach and Waldorf parent Lou Harvey-Zahra, and is accompanied by the softly luminous illustrations of New York artist and Waldorf teacher Sara Parrilli.

This beautiful picture book can become part of a family's traditions, read every year to celebrate a child's special day and can be personalized, making it unique for each birthday child. (Ages 4-10)

978 1782505075 color illustrations Hardcover Floris Books 32pp \$19.95



"Once upon a time there was a little soul who lived above the clouds, and was friends with the moon, the stars and the sun. A special guardian angel watched over the little soul always."

SEASONAL SONG BOOKS

by Sally Schweizer

Anthologies for Family, School, Festivals and Fun!

Seasonal Verses, Poems and Songs for Children, Parents and Teachers

For years, teachers, parents, and students have requested that Sally Schweizer publish her collections of songs and verses—and here they are!

Books include selections of rhyming words; commentary on the significance of repetition, rhythm and beat; suggestions for incorporating movement and gesture; and practical teaching and parenting tips.



9781855845510
78pp RSP \$20.00

9781855845459
66pp RSP \$19.00

9781855845473
76pp RSP \$20.00



A Waldorf Songbook

BRIEN MASTERS

This much-loved book collects more than one hundred songs, gathered over the years by experienced Waldorf teacher Brien Masters. The songs are selected for class 3 (age 8) to class 8 (age 14) and grouped according to festivals and seasons. They include rounds and four-part songs, as well as musical notation for recorders and other instruments.

9781782501701 176 pp FB \$24.95



Earth Water Fire Air

A Waldorf Songbook

PETER PATTERSON

Selected from over fifty years of teaching, from kindergarten to high school, Peter Patterson's songs are for all those times when 5 or 10 minutes of making music can bring joy into the classroom and the home, as well as to subjects as diverse as mythology and mathematics.

Includes CD with 69 songs

9780946206292 168pp Wynstones Press \$19.95



In the Light of a Child

A Journey through the 52 Weeks of the Year in Both Hemispheres for Children

MICHAEL BURTON

These verses by poet Michael Burton help children develop a living feeling for the seasons that will stay with them through life. The verses follow the course of the year, as inspired by Rudolf Steiner's *Calendar of the Soul* and are arranged so that parents, teachers, eurythmists, and children can follow the course of the year in both hemispheres. (Ages 4-9)

9780880104500 62pp SB \$14.95

Movement

Your Child's First Language

How movement and music assist brain development in children aged 3-7 years

SALLY GODDARD BLYTHE

This book with 2 CDs is a collection of songs, action nursery rhymes, exercises and movement stories that assist child development through movement.

Why movement matters for brain development, attention, co-ordination and balance

- Early years brain development • How children learn with their bodies • The neo-natal reflexes • Why music matters and what music does • How to use the songs and rhymes

SALLY GODDARD BLYTHE is Director of the Institute for Neuro-Physiological Psychology. Her remedial programs transform children's learning through movement.

MICHAEL LAZAREV is Head of the Children's Rehabilitatory Medicine Center in Moscow.

19781907359996 Paperback with 2 CDs Hawthorn Press 192pp \$29.00



Parenting Toolkit

Simple Steps to Happy & Confident Children

CAROLINE PENNEY

"...uses the secrets that family therapists know to get underneath problems and unlock what is causing them.... In clear, simple, and friendly language, she helps you understand, and overcome, these hurdles." —Steve Biddulph, author and psychologist

CAROLINE PENNEY, BSc, SRN, MSc, PGCE, has extensive experience as a family therapist, with a particular focus on teaching parenting skills. She is a psychotherapist with the British Association for Counselling and Psychotherapy and a Systemic Family and Couple Therapist. She is a certified Infant Massage teacher, works for the NHS Trust Foundation at Child and Adolescent Mental Health Services, and is a joint-leader of the EPEC (Empowering Parents, Empowering Communities) project, training parents to facilitate parenting groups.

978-1-907359-90-3 Hawthorn Press Hardcover Illustrated 198pp \$29.00

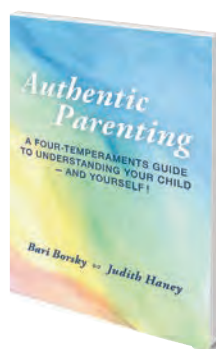


Raising Happy Healthy Children

SALLY GODDARD BLYTHE

This much-loved book collects more than one hundred songs, gathered over the years by experienced Waldorf teacher Brien Masters. The songs are selected for class 3 (age 8) to class 8 (age 14) and grouped according to festivals and seasons. They include rounds and four-part songs, as well as musical notation for recorders and other instruments.

9781907359835 260pp HP \$24.95



Authentic Parenting

A Four-Temperament Guide to Your Child and Yourself

BARI BORSKY & JUDITH HANEY

Are you finding it difficult to understand your child?

You can learn how to work with yourself and your child to head off misunderstandings, explosive emotions, and sulking; how to identify your child's temperament; and tips for tailoring disciplinary techniques so your child really hears you.

9781621480464 SB 116pp \$12.00



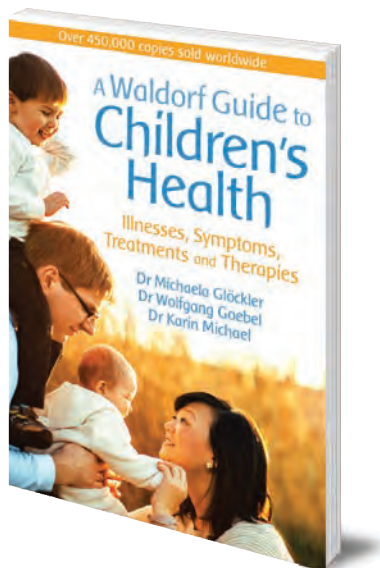
Spirit-led Community

Healing the Impact of Technology

LISA ROMERO

The foundations of inner freedom, as well as inner unfreedom, are greatly influenced during the years of child development. Here are spiritually healthy guidelines for lessening the negative influence of technology on the inner life and for forming communities in which the health of the community, the education of the child, and social life are imbued with impulses supportive of the cultivation of human freedom.

9781621482154 SB 188pp \$17.00



- First aid guidance for help with emergencies
- Treatments to relieve common complaints such as pain, fever, vomiting, allergies and asthma
- Recommendations to deal with common illnesses such as chickenpox, glandular fever and ear infections
- Advice on coping with serious disorders such as meningitis, diabetes, chronic illnesses and hospital stays

A Waldorf Guide to Children's Health

Illnesses, Symptoms, Treatments and Therapies

MICHAELA GLÖCKLER, WOLFGANG GOEBEL AND
KARIN MICHAEL

TRANSLATED BY CATHERINE CREEGER

When a child is sick, parents need clear, reliable information to help them take action quickly. This fully comprehensive guide to child health and wellness draws on anthroposophic medicine, combining conventional treatments with complementary therapies.

Including current medical advice alongside traditional tried-and-tested tips and anthroposophic insights, this book empowers parents to look beyond the surface symptoms and better understand their child as a whole – in body, soul and spirit.

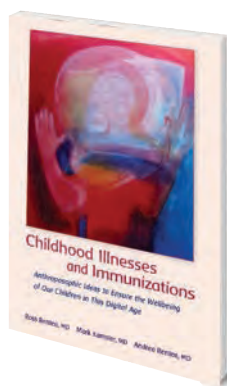
Based on the bestselling *A Guide to Child Health*, this essential reference guide is updated for today's parents.

DR. MICHAELA GLÖCKLER is former head of the Medical Section at the Goetheanum in Dornach, Switzerland, and an anthroposophical pediatrician.

DR. WOLFGANG GOEBEL co-founded the pediatric department at the community hospital in Herdecke and was its leading physician until 1995.

DR. KARIN MICHAEL is an anthroposophical pediatrician and Head Pediatrician at Herdecke Community Hospital in Germany.

9781782505297 Paperback Floris Books 248 pp. \$19.95

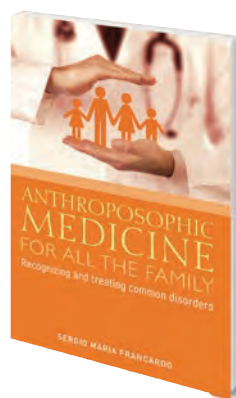


Childhood Illnesses and Immunizations

Anthroposophic Ideas to Insure the Wellbeing of Our Children in This Digital Age
ROSS RENTEA, MD; MARK KAMSLER, MD;
ANDREA RENTEA, MD

"Highly researched yet accessible... explains how current influences, primarily immunizations, infiltrate the child's organism and make growing up more difficult ... offers many practical ways to overcome those hurdles."— MARY JO ORESTI, MA, Director of the Teacher Educational Support Program

9781621482024 SB 478pp \$35.00



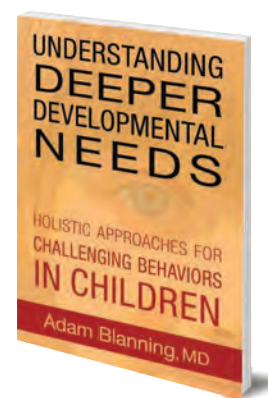
Anthroposophic Medicine for All the Family

Recognizing and Treating Common Disorders

SERGIO MARIA FRANCARDO, MD

Precise descriptions of key remedies and ways to treat common ailments at home: influenza, colds, sore throat, allergies, earache, headache, bloating, diarrhoea, impetigo, shingles, acne and boils, burns, muscle cramps, asthma, menstrual pain, sunburn, hypertension, childhood illnesses, and more. Explains the underlying picture of the disorders as well as the anthroposophic therapeutic approach.

9781855845343 RSP 334pp \$20.00



Understanding Deeper Developmental Needs

Holistic Approaches for Challenging Behaviors in Children

ADAM BLANNING, MD

How do we best help a child who is struggling? By learning to look carefully.

Using the concept of constitutional polarities – as introduced by Rudolf Steiner – enables individualized, therapeutic approaches to challenges such as aggressive behaviors, attention problems, anxiety, autistic behaviors, and depression that encourage children to unfold new growth and maturation from the inside out.

9781584209508 LB 522pp \$35.00

Autism: Meet Me Who I Am

A Contribution toward an Educational, Sensory, and Nutritional Approach to Childhood Autism that Supports Families and Ignites the Child's Deeper Wish to Connect to People and the World

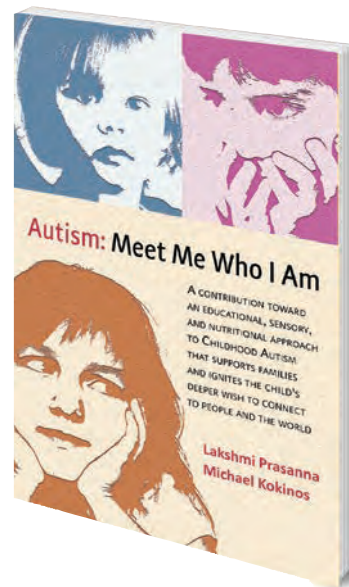
LAKSHMI PRASANNA AND MICHAEL KOKINOS

The outlook on autism presented here emerges from 20 years of clinical work and research by Dr. Lakshmi Prasanna, a developmental pediatrician and neonatologist from India, and Michael Kokinos, an Australian physio-therapist specializing in neurology and the relationship of movement and sensation. Their work has taken place mostly in the rapidly developing cities of South India.

Autistic characteristics present with an incredible diversity; the consultation room alone does not often suffice to see and truly understand the unique riddle of an individual child. The authors' interest and research has involved observation of the children contextually—behind diagnostic labels (communication disorder, repetitive behaviors, lack of eye contact)—while holding questions such as these: How does the child's behavior differ at school, home, in public? Why does this child act so differently with different people? What influences do different types of food have? What is the sensory need behind a repetitive behavior? How do siblings, grandparents, and parents handle the challenges?

This holistic approach is not only medical but also primarily social, pedagogical, and environmental, forming and utilizing a community of support for the individual children, challenging family members and professional caregivers to step out of their confining silos and work together in dynamic, therapeutic communities. This book describes this joint effort, drawing inspiration in a unique way from the children themselves.

9781584209362 Paperback Lindisfarne Books 128 pp. \$14.95



Meet me when I'm dancing
Meet me who I am
Meet me in the space of
Guilt and hope inside.

.....

Meet me in our loving
Meet me in our grief
Meet me I'm inside you
Forever, forever to be.

—Prasaad, a young man with ASD



Education as Preventative Medicine

A Salutogenic Approach
MICHAELA GLÖCKLER

Salutogenesis means "inquiry into the origin of health." This approach represents a new paradigm and direction for research. How and when something is taught affects the student's lifelong disposition toward health or illness. The Waldorf curriculum is based on an understanding of the development and physiology of children, and healthy development of the physical body is the basis for healthy development of their soul-spiritual individuality.

9780945803638 RSCP 372pp \$26.95



A Healing Education

How Can Waldorf Education Meet the Needs of Children
MICHAELA GLÖCKLER

Five lectures to Waldorf teachers:

- * The Pedagogical Law and its Expression in Karma and Reincarnation
- * The Image, Character, and Language of the Physical Body
- * The Metamorphosis of Growth Forces into Intellectual Forces
- * The Rhythmic Nature of Astral Activity
- * The Ego Organization as the Great Integrator

9780945803485 b/w Illustrations RSCP
108pp \$15.95

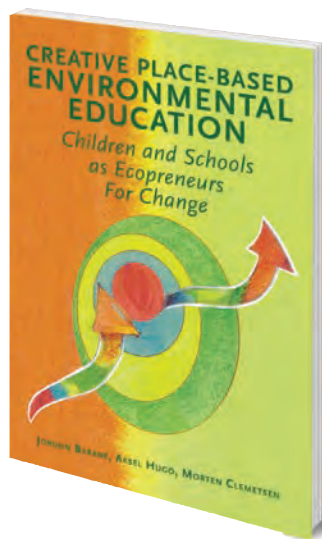


A Practical Guide to Curative Education

The Ladder of the Seven Life Processes
ROBYN M. BROWN

This book goes back to basics and examines the potential benefits of Steiner's unique educational approach in today's classrooms. At a time when even longtime experienced educators are struck by how the dynamics of their classrooms have changed, this is a much needed reminder of a tried and tested approach that can work for every child, and ultimately for our society.

9781584209829 LB 150pp \$15.00



Creative Place-based Environmental Education

Children and Schools as Ecopreneurs for Change

JORUNN BARANE, AKSEL HUGO AND MORTEN CLEMETSEN

FOREWORD BY DOUGLAS FORELL HULMES

How can schools become creative hubs for enriching the community and for the care of nature, landscape, and place?

This book presents the why, what, and how of creative place-based education as action researched successfully by educators for more than twenty years in Aurland, Sognafjord, Norway, and with the Norwegian University of Life Sciences in Oslo, Norway.

This hands-on approach embraces the whole locality as an inspiring educational resource. Design tools for developing place-based educational curricula are made globally relevant with case studies.

JORUNN BARANE is an educator and storyteller, teaching Ecopreneurship at a national center for organic agriculture in Aurland, Norway.

AKSEL HUGO, PhD, is director of a national center for organic agriculture in Aurland, Norway. He teaches subjects related to nature management and ecological entrepreneurship in the field of business administration.

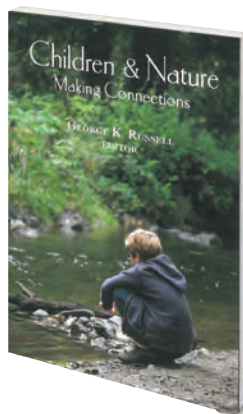
MORTEN CLEMETSEN, PhD, lectures on rural landscape and planning at the Norwegian Life Sciences University, Norway. He is a consultant in rural landscape management, landscape assessments, and local community development, and is currently responsible for teaching and research on strategic landscape scale planning.

9781907359736 Paperback Hawthorn Press 168pp \$43.00

Coming January 2019

"Here is a Beacon of Hope.... Uniquely, this book intertwines theory, practice and place.... It asks: What is Home? How can learning how local foods are grown and produced help children discover what does it mean to belong? How do teachers get students to care?"

—Douglas Forell Hulmes, Professor of Environmental Studies, Prescott College, AZ



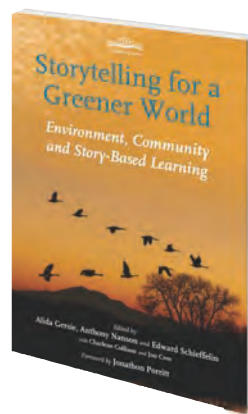
Children & Nature
Making Connections

EDITED BY GEORGE K. RUSSELL

"Between the ages of 6 and 12, learning about nature is less important than simply getting children out into nature." — David Sobel

The 12 essays in this book by university professors, journalists, teachers, healers, parents, and poets, offer a wonderful mix of the personal and inspirational alongside authoritative expertise and challenging ideas for parents and teachers to help children connect with nature and their surroundings.

9780980083118 Housatonic Press 176pp \$14.00



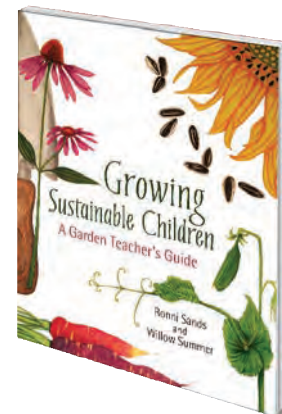
Storytelling for a Greener World
Environment, Community, and Story-Based Learning

EDITED BY ALIDA GERSIE, ANTHONY NANSON, AND OTHERS

"If we are to be able to move to a more sustainable, more resilient future, we first have to be able to imagine it. We need to be able to tell its stories, weave its magic, bring it alive so we can see, smell, hear, taste, and touch it. Storytelling for a Greener World does just that. It is rich, powerful and of immense importance."

—Rob Hopkins, co-founder, Transition Network

9781907359354 HP 368 pp. \$35.00



Growing Sustainable Children

A Garden Teacher's Guide

RONNI SANDS & WILLOW SUMMER

Gardening is an active participation in the mysteries of the universe.— Thomas Berry

With its useful overview of gardening education and the evolving consciousness of children, and its detailed age-appropriate curriculum with activities from early years through adolescents, this will be an indispensable resource for teachers planning a gardening program and for everyone working with children outdoors as a parent, homeschooler, community organizer, or friend of the earth.

9781584209423 LB 226pp \$24.95

Writing to Reading

The Steiner-Waldorf Way

Foundations of Creative Literacy in Classes 1 and 2

ABI ALLANSON AND NICKY TEENSMA

"Reading is an extraordinarily complex skill, involving the integration of multisensory and cognitive abilities that develop at different times. Rudolf Steiner recognized this complexity and advocated a comprehensive developmental approach to reading instruction. ... This book expands and elaborates on Steiner's insights, drawing upon a wealth of classroom experience and a large body of empirical data. It is essential reading, not only for Waldorf teachers, but also for all those who desire a deeper understanding of the miracle of reading." —David Elkind, Ph.D. Professor Emeritus of Child Development, Tufts University

This book is both theoretical and practical, providing a complete pathway to teaching children how to write and read in classes 1 and 2, with easy-to-use plans and practical activities for immediate use. It also sets out fundamental principles of Waldorf pedagogy, showing how this dovetails with the best of both mainstream primary approaches and specialist dyslexia-friendly methods, which teachers can use to create their own activities and resources.

ABI ALLANSON is a children's physiotherapist in the Netherlands, with over thirty years' experience. She was knighted in 2016 in recognition of her services to literature and literacy.

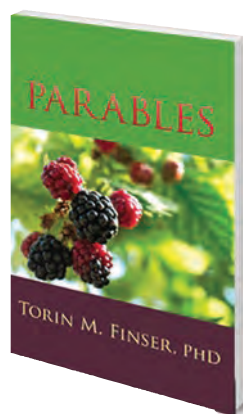
NICKY TEENSMA, a teacher at the Rudolf Steiner School Kings Langley, UK, is a trained and certified dyslexia special education teacher.

9781907359880 Paperback Hawthorn Press 352pp \$50.00



"Essential reading not only for Steiner-Waldorf teachers but also for mainstream teachers fed up with the government-imposed 'too much, too soon' ideology that still dominates conventional pedagogical thinking and practice."

—Dr Richard House, Educational Consultant



Parables

TORIN M. FISER

"One could say that a parable contains a larger lesson in a bite-sized portion. Parables use comparison, allegory, imagery, analogy, or a short story to convey a larger meaning." Torin Finser also writes that parables involve "looking down" (or out) to find an often-overlooked object, and then "looking up" to the eternal truth that can be brought down to children. How can we do both? Can we teach our children to see not only what is on the desks before them, but also what surrounds them in nature and in the circles above them in the starry heavens and beyond? Parables may help us!

9781621482307 SB 68pp \$10.00



A Gift of Wonder

A True Story Showing School as It Should Be

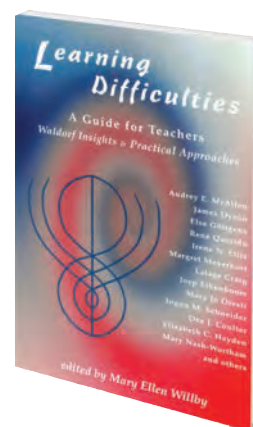
KIM ALLSUP

FOREWORD BY PATRICE MAYNARD

Is education the filling of a bucket? Or is it the lighting of a fire?

Kim Allsup is a teacher and a teller of stories, and so this book is the story of a teacher's six-year journey with her class. Through the funny, poignant, relatable and finally life-affirming stories, this memoir gently shows the way to an educational approach that is worthy of childhood: *education rooted in wonder*.

9781584209546 LB 240pp \$19.95



Learning Difficulties

A Guide for Teachers: Waldorf Insights and Practical Approaches

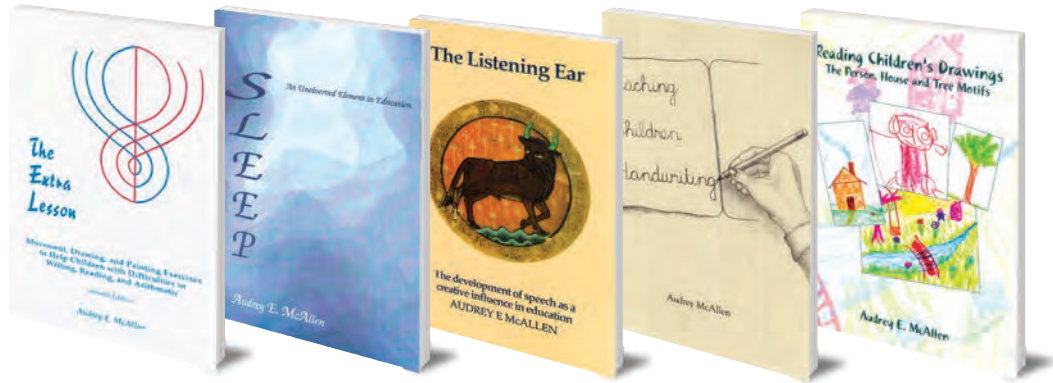
Edited by MARY ELLEN WILLBY

This book gathers astute observations and deep insights of experienced teachers on working with challenged children. They offer exercises and classroom lessons, as well as sections on factors in the causes of learning difficulties, on dominance and handedness, movement in the early years, older children with learning difficulties, and much more. Contributors include Audrey McAllen, René Querido, James Dyson MD, Margret Meyerkort, Ingun Schneider, and many others.

9780945803409 290pp RSCF \$23.95

Extra Lessons

The Remedial Work of Audrey McAllen



The Extra Lesson

Movement, Drawing, and Painting Exercises to Help Children with Difficulties in Writing, Reading, and Arithmetic

This revised and expanded 6th edition gives thorough instructions for working with the highly effective remedial exercises developed by Audrey E. McAllen, enabling students with learning difficulties to find a new connection to who they are and to their tasks.

Exercises include: assessment exercises; exercises to develop body geography and spatial orientation; exercises to support integration of early movement patterns; exercises to support eye movement development; rhythm exercises for harmonization of body space and breathing; exercises for left or right dominance; stretching and lifting exercises in relation to the three dimensions; drawing and painting exercises.

9780981809519 Paperback RSCP 132pp \$33.50

Sleep

An Unobserved Element in Education

Sleep is vital for physical, psychological and spiritual well-being. Children take their daytime experience into their sleep life. An essential element in Audrey McAllen's remedial work with children is to encourage the development of a healthy relationship to sleep. In this book she writes about the specific role of sleep in education, including lively descriptions of her experiences working with children.

Includes Moral Color Exercises, which are a series of paintings the author developed from indications by Rudolf Steiner and Hilde Boos-Hamburger that are helpful for children from sixth grade on.

9780945803645 Paperback RSCP 72pp \$14.95

The Listening Ear

The Development of Speech as a Creative Influence in Education

This important book gives teachers specially selected exercises in order to help them to develop clear speaking in the classroom and to use the creative power of speech as a teaching tool. The author looks at the links between speech and child development, the speech organs, the effects of artificially produced sound on speech development, rhythm, meter, and the sound groups.

9781869890186 Paperback RSCP 160pp \$14.95

Teaching Children Handwriting

Historical, Developmental, and Practical Aspects of Writing

This is a reference for teachers and homeschooling parents for the language arts curriculum in the first three grades and beyond. It begins with the young child's orientation in space and presents written language in the context of the development of human consciousness. Offering practical suggestions for activities, posture, choice of writing instruments, and much more, it also provides helpful insights and guidance into learning difficulties that can be observed through a child's handwriting.

9780945803553 Paperback RSCP 148pp \$22.95

Reading Children's Drawings

The Development of Spatial Orientation and Body Schema as Seen in the Person, House and Tree Motifs

This study of children's drawings was made in relation to Rudolf Steiner's spiritual scientific observations of the human being that encompass the unseen spiritual dynamics behind form and growth. It thereby becomes obvious that deep and sacred processes are being shown to us by the child.

Illustrations: Color and black & white

9780945803744 Paperback RSCP 92pp \$23.00

The House of Lost and Found

STORY BY MARTIN WIDMARK

ILLUSTRATIONS BY EMILIA DZIUBAK

A beautiful and uplifting story of being lost and finding hope from a bestselling author and award-winning illustrator

Niles lives all alone in a big old gloomy house filled with memories of the people who used to live there.

One day, a boy appears on his doorstep and asks Niles to take care of his plant. Astonished, Niles takes the little pot, and wonders what to do with it.

As the seedling appears, Niles realises how empty and lonely his house is and begins to care for the plant, his house and himself. By the time the boy returns, his flower has bloomed into a beautiful poppy, and Niles and his house are filled with hope again. (Ages 4-7)

MARTIN WIDMARK is the bestselling Swedish children's author of over 100 books, which have been translated into more than thirty-five languages. Martin has worked as a middle-school teacher and a Swedish language teacher for immigrants, and now uses his experiences to promote reading and literacy for young people.

EMILIA DZIUBAK is an award-winning illustrator based in Poland. She is a graduate of The Academy of Fine Arts in Poznan and has illustrated numerous children's picture books, which have been translated throughout the world.

9781782505426 Hardcover Floris Books 40pp \$17.95



"A perfect marriage of text and illustration... stunning, as an example of poetically crafted storytelling and as a work of art. This is not only a wonderful book for the family shelf, it should have pride of place." — Goodreads/NetGalley



Mary, Queen of Scots

Escape from Lochleven Castle

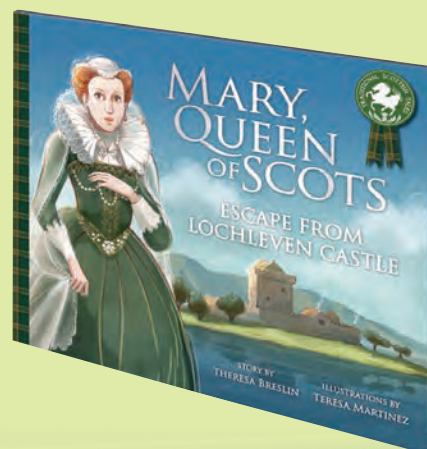
THERESA BRESLIN; ILLUSTRATED BY TERESA MARTINEZ

Multi-award-winning author Theresa Breslin and illustrator Teresa Martinez have adapted this world famous true story into a dramatic children's picture book. The gripping story and wonderful illustrations are packed with historical details. (Ages 4-7)

THERESA BRESLIN is a critically-acclaimed author of over 30 books for children and young adults. Her work has been filmed for television, broadcast on radio, and is read world-wide in many languages. Her novels have won many literary prizes including the Carnegie Medal.

TERESA MARTINEZ studied graphic design and painting before becoming a children's book illustrator.

9781782505129 Floris Books Paperback 32pp \$11.95





*I'll bring you horses made of gold,
Magic castles grand and old,
Princes, fairy queens...nightingales
Great adventures and favorite tales.*

Goodnight Sandman

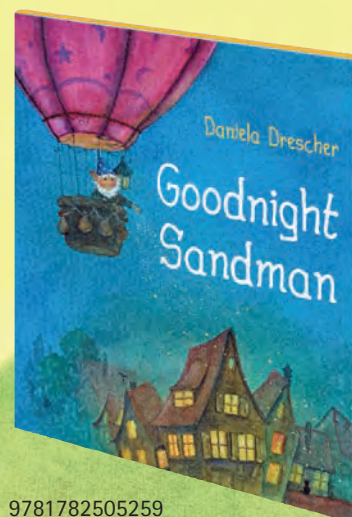
DANIELA DRESCHER

Every evening, when the sun sets and everyone else is going to bed, Jacob the Sandman wakes up and starts his work.

One evening Jacob wakes up late and rushes to Dream Sand Hill. But there, atop the pile of dream sand, is a scary, snoring Night Monster. Jacob must collect the magic dream sand so that children can dream happy dreams. Fortunately, the Night Monster turns out to be not so scary after all.

This delightful bedtime tale is perfect for encouraging sweet dreams and banishing nightmares. You can even learn to sing the Sandman's Song!

Much-loved artist and best-selling author Daniela Drescher makes this a new night-time favorite for every young child. (Ages 3-6)



9781782505259
Hardcover Floris Books
26pp \$16.95

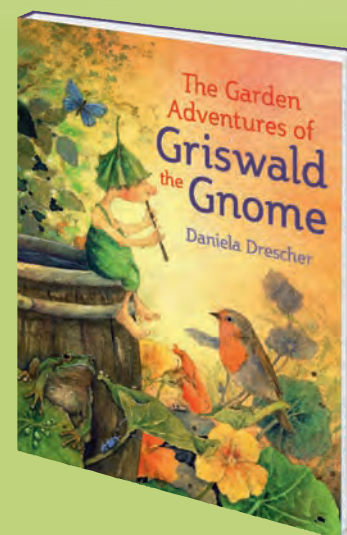
The Garden Adventures of Griswald the Gnome

DANIELA DRESCHER

Griswald is a little gnome who lives in a rain gutter. The one day, a storm washes him down the drainpipe into an old rain barrel. At first, Griswald is unsure about his new home, but soon he meets all the animals, birds and plants that live in the garden.

Through the seasons, Griswald explores a whole new world in the garden and meets many new friends, and even learns to dance!

Perfect for bedtime, each easy-to-read chapter tells a different adventure and is filled with beautiful illustrations of lively gnomes and sprites, colorful plants and flowers, and characterful animals and birds. (Ages 6-10)



9781782505211 Hardcover Floris Books 120pp \$19.95



Little Fairy Makes a Wish

"... a timeless fairytale about making wishes come true." —The Reading Castle Blog
(Ages 3-7)

9781782502432 HC FB 32 pp. \$16.95



Lily the Little Princess

"This sweet book will probably make children, especially girls, smile." — Kirkus Book Reviews
(Ages 3-6)

9780863159053 HC FB 24 pp. \$16.95



Little Fairy Can't Sleep

"Quite simply the most enchanting tale for bedtime." — Creative Steps
(Ages 3-7)

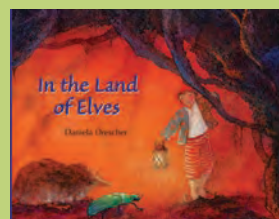
9780863158254 HC FB 24 pp. \$16.95



Little Fairy's Meadow Party

Little Fairy needs a special dress for Queen Wren's party. (Age 4-7)

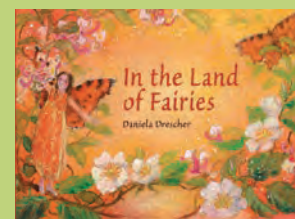
9781782500100 HC FB 24 pp. \$16.95



In the Land of Elves

"Highly recommended." —Midwest Book Review
Follow the secret world of the elves at work and play through the seasons. (Ages 4-7)

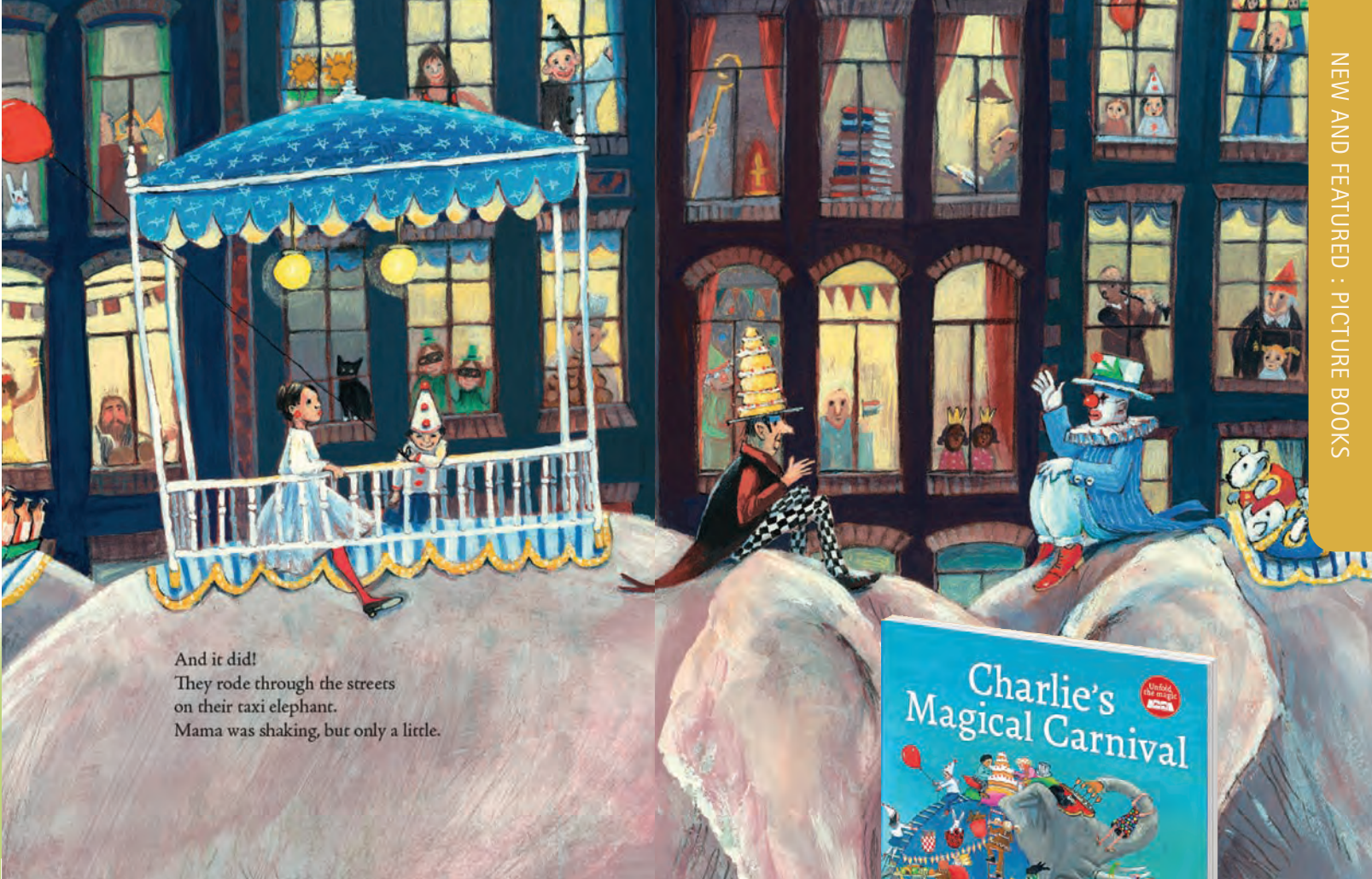
9781782502425 HC FB 24 pp. \$15.95



In the Land of Fairies

The seasons fly by as the fairies dance with butterflies, sing with birds and watch over their animal friends. (Ages 3-6)

9780863159947 HC FB 24 pp. \$15.95



And it did!
They rode through the streets
on their taxi elephant.
Mama was shaking, but only a little.

Charlie's Magical Carnival

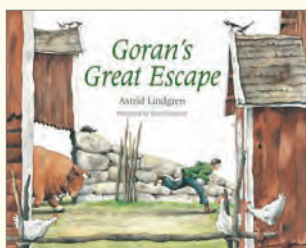
MARIT TÖRNQVIST

Charlie can't wait to go the carnival, but first his mom must find his party hat and red balloon. While she's searching, Charlie imagines all the wonderful things they might see: lemonade rivers and lollipop trees, elephant taxis and a cake as big as the town square.

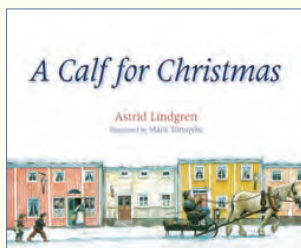
From award-winning children's author and illustrator Marit Törnqvist, this spectacular book unfolds the magic of children's imaginations and their ability to see their make-believe worlds as reality. (Ages 4-7)

Children will love to explore Charlie's amazing carnival with lots of fold-out pages and incredible illustrations.

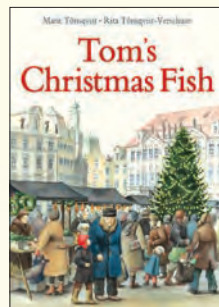
9781782504603 Hardcover Floris Books 32pp \$17.95



(Ages 4-7) 9780863157936
HC FB 32pp \$17.95



(Ages 4-7) 9780863157851
HC FB 36pp \$17.95



**MORE BOOKS
BY MARIT
TÖRNQVIST**

(Ages 5-8) 9781782502210
HC FB 326pp \$17.95





Bear Child

BY GEOFF MEAD

ILLUSTRATED BY SANNE DUFFT

Who are the bear folk?

At bedtime Ursula asks Daddy to tell her the tale of the bear folk: special beings who can choose to be either a bear or a person, depending if they want to catch a fish or read a book.

Bear folk live extraordinary lives. They are strong and clever, kind and loving, adventurous and creative — just like her.

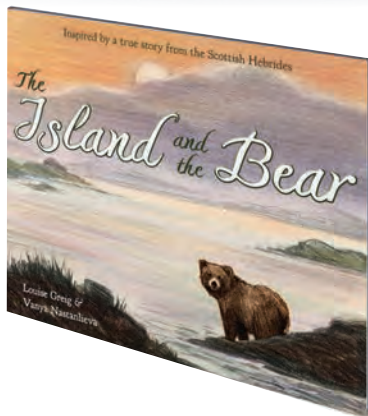
Will I ever meet one?, Ursula asks. Perhaps she already has.... (Ages 3-7)

9781782504764 Hardcover Floris Books 32pp \$17.95

"Powerful storytelling ... a magical tale that feels remarkably close to reality. Sanne Dufft's ethereal illustrations bring the bear folk to life." —Kindling

"Beautifully illustrated with the artwork of Sanne Dufft, children's author Geoff Mead deftly weaves what will prove to be a truly timeless folktale for children ages 3 to 7 — making it especially and unreservedly recommended for family, daycare center, preschool, elementary school, and community library collections." — Midwest Book Review

"Tell me a story about the bear folk, Daddy," said Ursula.
 "Alright," said Daddy, gathering her up in his lap.
 "It's well known that all bears alive today are descended from the very first bears that Numitorum, the Great Bear of the Northern Sky, sent down to Earth long ago, on threads woven from sunrays and moonbeams."



The Island and the Bear

LOUISE GREIG; ILLUSTRATED BY VANYA NASTANLIEVA

"A poetic tribute to the beautiful nature of a bear who once was really lost on an island in the Scottish Hebrides." — Midwest Book Review

A touching tale based on a true story that has become a legend in the Scottish Hebrides. Its message of overcoming fear with love comes from an area that is celebrated for its isolated, wild, sea-framed beauty, poetry, and music. (Ages 3-6)

9781782503682 FB 24pp \$11.95



Peg and Uan Making Friends

SANDRA KLAASSEN

Can Peg, the sheepdog puppy who is scared of sheep, become friends with Uan the little lamb?

This sweet board book introduces very young children to these dear characters with a charming story about friendship. (Ages 1-3)

9781782504412 Board Book FB 14pp \$9.95

"This is a delightful first book to share with babies as they grow." — Juno



(Ages 3-6) 9781782501817
 FB 32 pp. \$11.95



(Ages 3-6) 9780863157776
 FB 32 pp. \$11.95

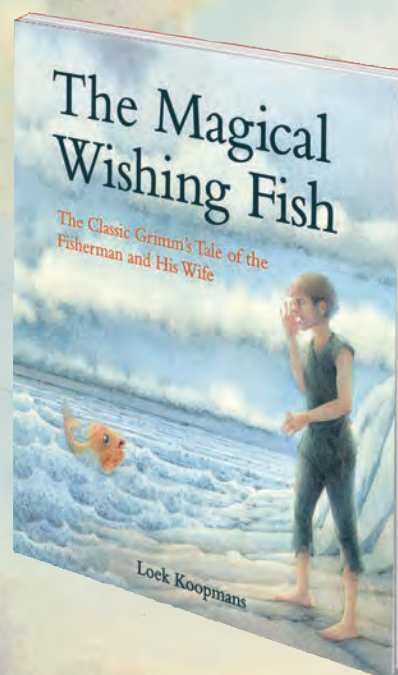
The Magical Wishing Fish

The Classic Grimms' Tale
of the Fisherman and His Wife

BY JACOB AND WILHELM GRIMM
ILLUSTRATED BY LOEK KOOPMANS

A wonderful new adaptation with beautifully detailed illustrations that bring light-hearted humor and warmth to the traditional Grimms' tale that has been told and retold around the world of the fisherman and his wife and the special fish that he once caught. (Ages 3-6)

9781782505242 Hardcover Floris Books 24pp \$16.95



Once upon a time a fisherman lived by the shore of a wide sea.

One day, he caught a fish and was reeling in his line when he heard a small voice calling, "Stop! Please let me go! I'm not a fish, but an enchanted prince. Put me back in the water and let me swim free!"

The fisherman was amazed. He'd never met a talking fish before.



Also by Loek Koopmans:

The Pancake that Ran Away

A bright, bouyant retelling of the classic folktale with lots of fun details to notice. (Ages 3-6)

9781782501763 HC FB 24pp
\$16.95

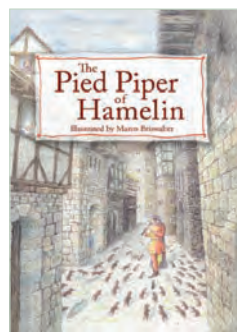
Any Room for Me?

The enduring, classic tale of how a unlikely collection of forest animals try to find a cozy winter home in a mitten dropped by an old woodcutter. (Ages 3-7)

9780863151606 HC FB 28pp \$16.95



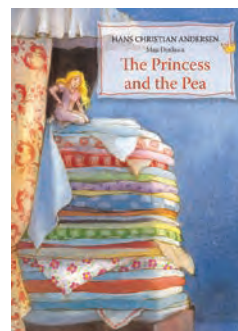
(Ages 4-7) 9780863159480
HC FB 32 pp. \$17.95



(Ages 4-6) 9781782500353
HC FB 32 pp. \$17.95



(Ages 5-8) 9780863157264
HC FB 32 pp. \$17.95



(Ages 3-6) 9780863158575
HC FB 28 pp. \$17.95



(Ages 4-7) 9781782503828
HC FB 32pp \$17.95

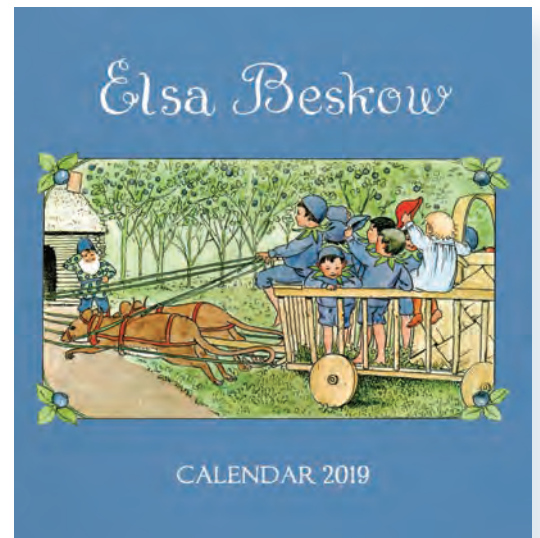
Elsa Beskow 2019 Calendar

This spacious monthly calendar is beautifully illustrated with seasonal artwork from Elsa Beskow's books. The main US, UK, and Swedish holidays are included.

Illustrations from *Around the Year*, *Thumbelina*, *Ollie's Ski Trip*, *Pelle's New Suit*, *Peter and Lotta's Christmas*, *The Flowers' Festival*, *Woody, Hazel and Little Pip*, *The Sun Egg*, *Christopher's Garden*, and *Peter in Blueberry Land*, and more (all published in English by Floris Books).

Shrink-wrapped with cardboard reinforcement.

9781782504948 Floris Books 24 pp. 12" x 12" wall calendar \$13.95 This calendar is **NON-RETURNABLE**



Elsa Beskow Gift Collections

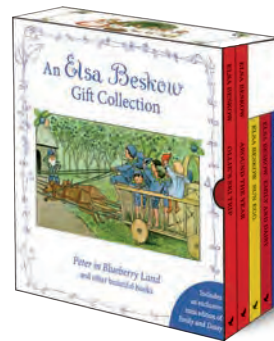
Beautiful gift sets that are the ideal present for all Elsa Beskow fans.
(Ages 4-7 years)

PETER IN BLUEBERRY LAND COLLECTION: Mini-editions of Elsa Beskow's classic books, including *Peter in Blueberry Land*; *Around the Year*; *Ollie's Ski Trip*; *The Sun Egg*; and the never-before-available mini-edition of *Emily and Daisy*.

9781782503811 Hardcover Boxed Set Floris Books \$40.00

CHILDREN OF THE FOREST COLLECTION: Five mini-editions of Elsa Beskow's classic books, including mini-editions of *Children of the Forest*; *The Flowers' Festival*; *Pelle's New Suit*; *Woody, Hazel and Little Pip*; and the all-new exclusive mini-edition of *Princess Sylvie*.

9781782503804 Hardcover Boxed Set Floris Books \$40.00



An
Exclusive
book in each
box set

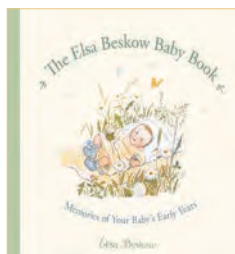


There are many more books by Elsa Beskow to delight you on page 26.



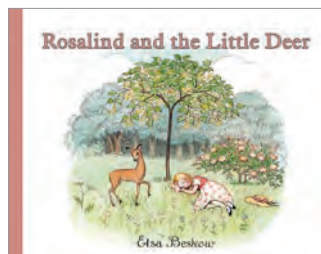
The Elsa Beskow Alphabet Book

9781782502050 HC FB 176 pp. \$16.95



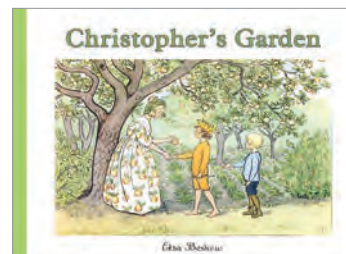
The Elsa Beskow Baby Book

Memories of Your Baby's Early Years
9781782500063 HC FB 60 pp. \$19.95



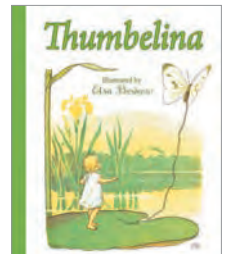
Rosalind and the Little Deer

(Ages 4-7) 9780863157943 HC FB 32 pp. \$17.95



Christopher's Garden

New edition of *Christopher's Harvest Time*.
(Ages 3-7) 9781782503491 HC FB 32 pp. \$17.95



Thumbelina

Hans Christian Andersen; Illustr. by Elsa Beskow
This classic tale by Hans Christian Andersen in English with Elsa Beskow's charming illustrations for the first time in 30 years.
(Ages 4-7) 9781782502456 HC FB 32 pp. \$17.95

How Does My Fruit Grow?

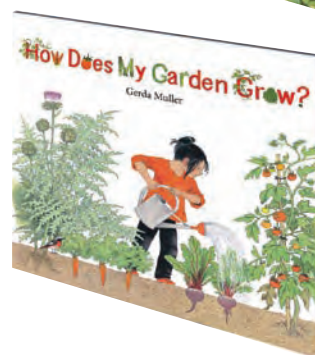
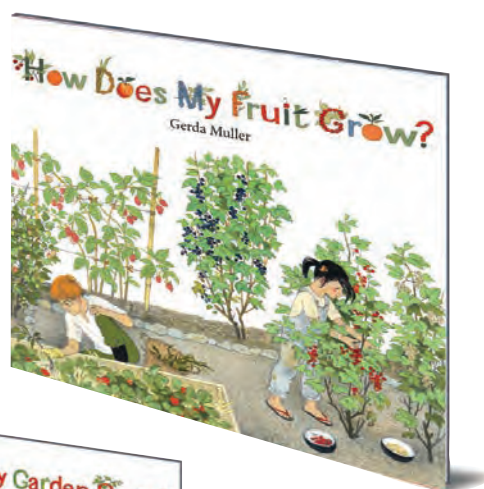
GERDA MULLER

Sophie loves visiting her aunt and uncle in the countryside and learning all about the fruits that grow in their garden: strawberries, redcurrants and cranberries, and how a tall cherry tree grows from a small seed, and how bees help blossoms become fruit.

When her family moves south she learns about different plants and trees with new friends who help her harvest melons, grapes, figs, oranges and pomegranates. At school she learn about tropical fruits and nuts from all over the world — bananas, coconuts, cashews, pineapples and many more.

This companion to the beloved *How Does My Garden Grow?* is full of detailed illustrations. The simple story, both informative and entertaining, is a perfect tool for teaching children where food comes from, and inspiring interest in the wonderful diversity of the world around us. (Ages 4-7)

9781782504726 Hardcover Floris Books 28pp \$17.95



"I can't imagine a child who wouldn't be ready for gardening after reading this delightful story!"

— The Reading Castle

(Ages 3-7 9781782502593
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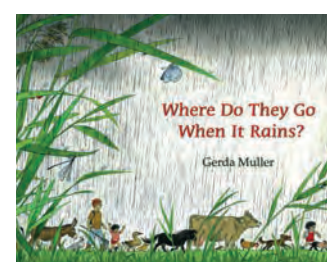
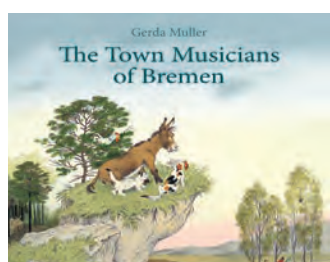


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My First Snow Children

SIBYLLE VON OLFERS

Poppy is watching the snow fall outside her window when she realizes that the snowflakes are really Snow Children, dancing and whirling in the garden.

My First Snow Children is a charming abridgment of the traditional classic *The Story of the Snow Children*. Presented for the first time as a board book for very young children, it includes all of Sybille von Olfers' original art-nouveau illustrations, adapted to fit the new format. (Ages 1-4)



"Come and play with us, Poppy," the snow children called. "We're going to visit the Snow Queen!"

Poppy put on her warm red coat and ran outside.

SIBYLLE VON OLFERS' (1881-1916) blend of natural observation and use of simple design has led to comparisons with Kate Greenaway and Elsa Beskow. Her other published works include *Princess in the Forest*, *The Story of the Snow Children*, *The Story of the Wind Children*, *The Story of the Butterfly Children* and *The Story of the Rabbit Children*.

9781782505235 Board Book Floris Books 12pp \$9.95



"A beautiful story that leaves you feeling warm and fuzzy."— *Families* magazine rating: 6 out of 6

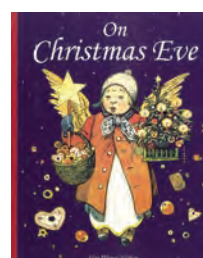
(Ages 3-6) 9781782500162 HC FB 32 pp. \$17.95



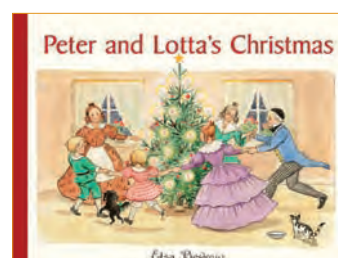
(Ages 5-7) 9781621480143 HC SB 40 pp. \$17.95



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(Ages 3-6) 9780863157165 HC FB 24pp \$16.95 F



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"A lovely book to show how kindness matters."

— *Creative Steps Magazine* (Ages 3-6) 9780863157738 HC FB 24pp \$16.95



The woodland gnomes make an exciting journey by sled through a frigid forest, over snowy hills, for a delicious feast with the elegant Winter Queen. (Ages 4-7) 9781782504375 HC FB 32 pp. \$17.95



"Tender, pastel illustrations bring this well-loved traditional tale to a new incarnation."— *Children's Bookwatch* (Ages 3-6) 9781782501329 HC Floris Books 32 pp. \$17.95



"An old-fashioned delight for new children." — *Kirkus Book Reviews*

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Santa Claus and the Christmas Surprise

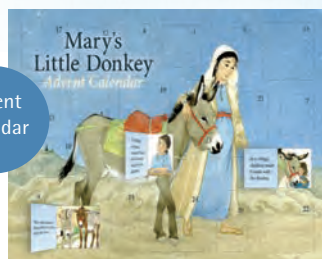
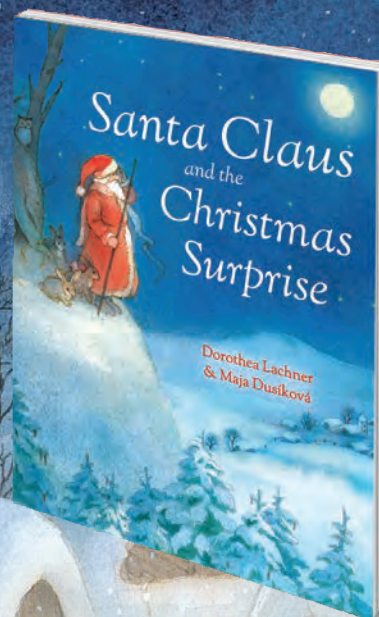
STORY BY DOROTHEA LACHNER
ILLUSTRATED BY MAJA DUŠÍKOVÁ

This is a warm-hearted Christmas story that shares a positive message about communities coming together to remember what's really important. (Ages 3-6)

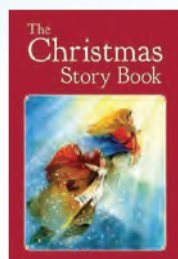
DOROTHEA LACHNER is the writer of many books and radio programs for children in Germany and Austria.

MAJA DUŠÍKOVÁ was born in Slovakia in 1946. She has illustrated over forty books for children. She lives with her family in Florence, Italy. She is the illustrator of *The Princess and the Pea* (see page 15).

9781782505433 Hardcover Floris Books 28pp \$17.95



Advent
Calendar



Based on the classic Christmas story of Mary's little donkey. This advent calendar and book are the perfect additions to a festive home.
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9781782503279 Calendar FB \$9.95
Calendar is **NON-RETURNABLE**

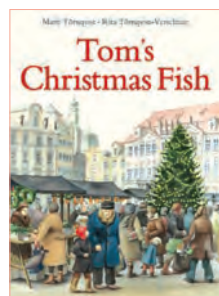
A magical retelling of the Christmas story with beautiful, soft and gentle illustrations by Loek Koopmans. (Ages 3-6)
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— Inis Magazine (Ages 3-6)
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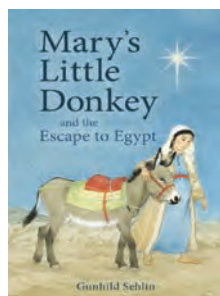
Over 50 best Christmas stories: HC Andersen, Selma Lagerlöf, Henry van Dyke, and more. (Ages 5-12)
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An exquisitely illustrated edition of the Nativity story. (Ages 5-8)
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"The most heart-warming version of the Christmas story I have read"
—Early Years Education (Ages 4-7)
9781782501152 HC FB 32pp \$17.95



"...an emotionally astute, endearing story of a boy and his grandfather and the live freshwater carp they procure for their Christmas dinner." —Wall Street Journal (Ages 5-8) 9781782502210 HC FB 32 pp. \$17.95



Gunhild Sehlén's classic chapter book is an engaging alternative to the traditional Christmas story. (Ages 6-10). See above for ages 4-7.
9780863159336 FB 60pp \$12.95



Christmas stories to use as an Advent calendar
9780946206230 WP 80 pp. \$12.95



"Brings many familiar stories alive in an enchanting way."
— Scientific & Medical Network Review (Ages 7-12)
9780863159817 FB 224 pp. \$16.95



"This is a heart-warming, down to earth story about a little shepherd boy who had to stop crafting toys in order to look after his sheep. However, he finds them just in time to give as a gift to the new born Son of God. The story is simply told, and the illustrations are beautiful." — Kindling (Ages 4-7)
9781782504382 HB FB 32pp \$17.95

Two for Findus at Christmas!

The stories of Findus and Pettson by the well-loved Swedish children's illustrator and writer SVEN NORDQVIST draw on his playful adventures with his two young sons. His uniquely hilarious illustrations are inspired by a delight in everyday life. (See more books by Sven Nordqvist on pp. 27 & 28.)

Findus and the Christmas Tomte

Snow is falling on Farmer Pettson's farm, and Christmas is approaching. Findus is excited about the Yule Tomte visiting and bringing gifts. But Pettson is worried. "How can I explain that the Yule Tomte may not visit cats?"

Pettson does not want Findus to be disappointed, so he makes a plan to build a mechanical Yule Tomte that can give Findus gifts. But it is going to be very difficult to keep this secret from Findus, and even harder to come up with a convincing mechanical Yule Tomte! What Pettson needs is a little bit of Christmas magic...

This is the 11th story from Hawthorn Press in the wildly popular Findus and Pettson series — The Findus books have sold over 15 million copies in 51 languages. (Ages 5-7)

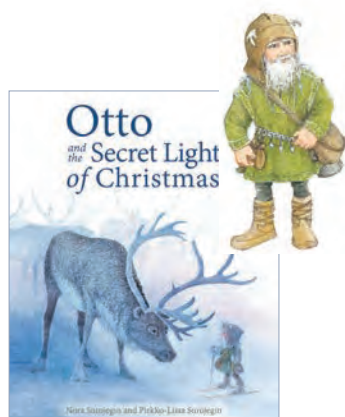
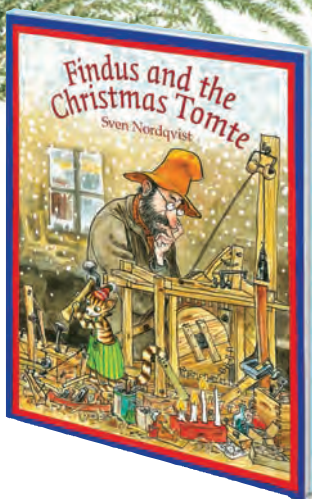
9781907359934 Hardcover Hawthorn Press full color illustrations throughout 130pp \$28.00

Findus at Christmas

It's the day before Christmas Eve and disaster strikes at the Pettson farm when Farmer Pettson sprains his ankle.

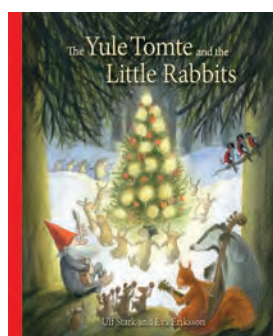
How can Findus and Pettson celebrate Christmas with no tree, no ham, and no gingerbread? They are about to give up when there is a knock at the door. (Ages 3-7)

9781907359057 Hardcover Hawthorn Press Full color illustrations throughout 28pp \$17.95

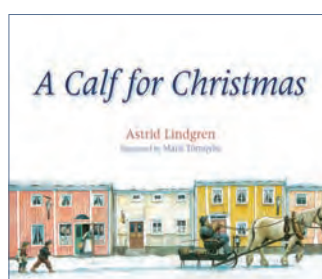


"a gorgeous read-aloud book ... a highly recommended, different kind of holiday read."
—Midwest Book Review

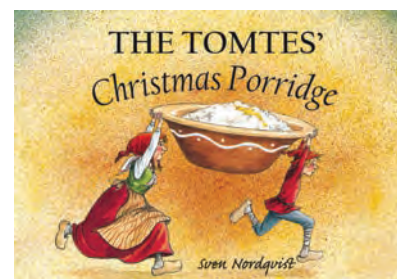
"beyond marvelous... perfect holiday story." —Youth Services Book Review
The story of elf Otto, who finds a postcard describing the bright light of Christmas and journeys North in search of this elusive light.
(Ages 6-10) 9781782503231 HC FB 108pp \$24.95



"Rollicking holiday adventures, one for each day of the Advent calendar."
—BookPage
"A joy to read and to share with children."
—Kirkus Reviews
(Ages 5-8) 9781782501367 HC FB 104pp \$24.95



"Beautifully illustrated, heart-warming but unsentimental story by the author of Pippi Longstocking."
—Daily Echo
(Ages 4-7)
9780863157851
HC FB 36pp
\$17.95



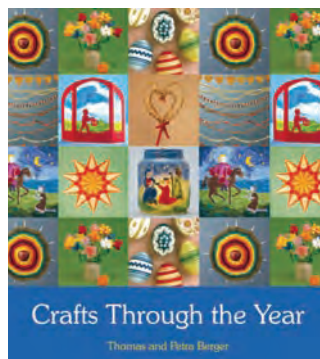
"The perfect book to snuggle up together with and read aloud."
—Creative Steps
The tomtes fear they won't get their annual bowl of Christmas rice pudding, so they take matters into their own hands.
(Ages 4-7)
9780863158247 HC FB 32pp \$17.95



The Advent Craft and Activity Book
Stories, Crafts, Recipes and Poems for the Christmas Season
CHRISTEL DOHM
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Second Edition
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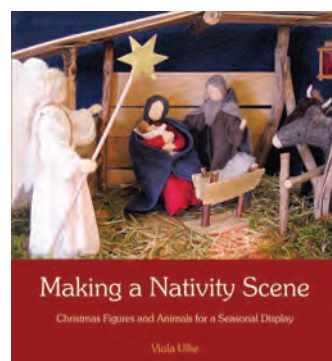
Crafts Through the Year
Second Edition
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PETRA BERGER
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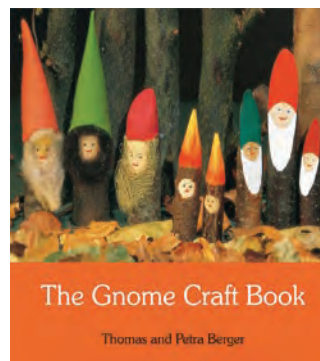
Winter Nature Activities for Children
KUTSCH & WALDEN
Winter crafts with wool, wood and clay. 220 photos & illustrations
9780863155642 FB 96pp \$19.95



Nativity Plays for Children
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WILMA ELLERSIEK
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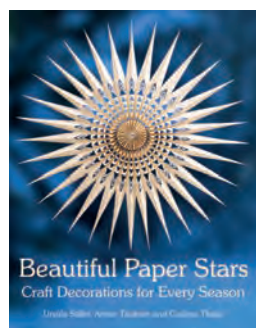
Making a Nativity Scene
Christmas Figures and Animals for a Seasonal Display
VIOLA ULKE
9781782501244 FB 112pp \$19.95



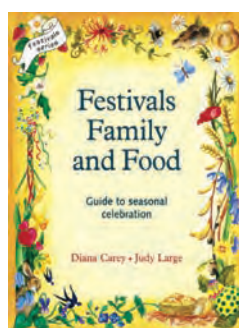
The Gnome Craft Book
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THOMAS BERGER AND
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Magical Window Stars
FRÉDÉRIQUE GUÉRET
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Beautiful Paper Stars
Craft Decorations for Every Season
URSULA STILLER, ARMIN
TÄUBER, AND GUDRUN
THIELE
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Festivals, Family, and Food
DIANA CAREY
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A Swedish Christmas
Simple Scandinavian Crafts,
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CAROLINE WENDT AND
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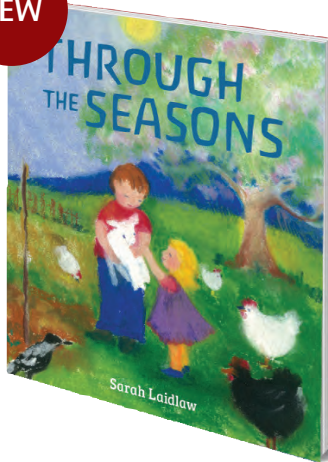


Christmas Plays from Oberufer
Paradise Play, Shepherds Play, Kings Play
EDITED BY HÉLÈNE
JACQUET
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128pp \$16.00



Celebrating Festivals with Children
FREYA JAFFKE
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NEW



Through the Seasons

SARAH LAIDLAW

"I cannot recommend highly enough the gentle glowing and detailed illustrations which are a feast for the senses."—Kindling

A chunky board book, without words, filled with soft and warm illustrations that are a celebration of nature, seasonal change, and family togetherness through the year. (Ages 1–3)



9781782504696 Board Book Floris Books 12pp \$9.95

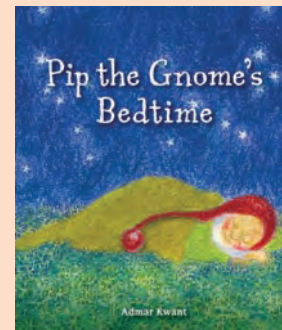
Meet the huggable Pip the Gnome

"Delightful books for the youngest readers to practice talking about the pictures and page turning, and for emergent readers to 'have a go'."
— Martine Horvath, EYE: Early Years Educator

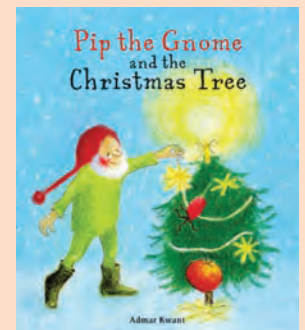
ADMAR KWANT lives with her family in the Netherlands. She regularly creates illustrations for *Educare*, a Dutch parenting magazine.



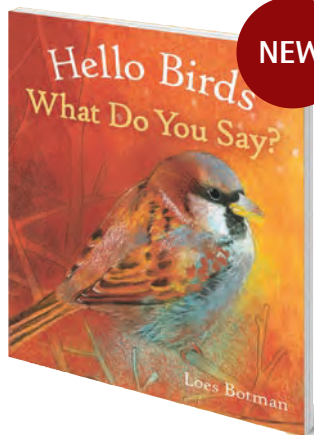
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9781782503286 Board Book
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NEW

Hello Birds, What Do You Say?

LOES BOTMAN

Colorful, detailed and accurate illustrations introduce young children to a variety of birds and the special sounds they make — including a robin, blue tit, swan, pigeon and duck. Children will learn to recognise the birds — many of which live in their gardens, parks and countryside. (Ages 1–3)

LOES BOTMAN is an illustrator in the Netherlands. She has been widely exhibited and runs workshops.

9781782504887 Board Book Floris Books 12pp \$9.95

"A beautiful first step into nature connection."—Armadillo

"Highly recommended for family, daycare center, preschool, and community library collections."

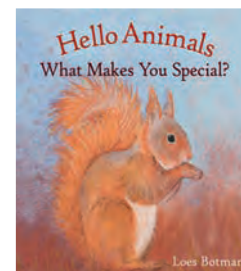
– Midwest Book Review



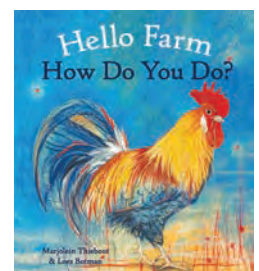
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The Adventures of Pippa and Pelle

"A gentle read, perfect for parental read-aloud." — Midwest Book Review



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What's Hiding in There?

A Lift-the-Flap Book of Discovering Nature

DANIELA DRESCHER

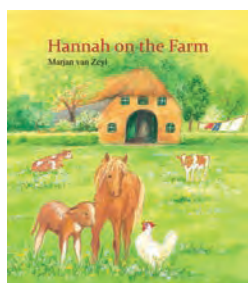
"What can be discovered under the little flaps on each page? A mouse in the brambles, a fairy in the tree or a rabbit in the grass, children will love opening them to find out. With easy to understand text ... it is ideal for pre-school children."

— Creative Steps Magazine

(Ages 3-6) 9781782502616 BB FB 16pp \$17.95

A LIFT-
THE-FLAP
BOOK

See more of Daniela Drescher's beautiful picture books on pages 12 & 31



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MARJAN VAN ZEYL
(Ages 1-3)
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Rain or Shine
RONALD HEUINCK
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RONALD HEUINCK
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My First
Root Children
SIBYLLE VON OLERS
(Ages 1-4)
9780863158599 BB FB
12pp \$9.95



My First
Snow Children
SIBYLLE VON OLERS
(Ages 1-4)
9781782505235 BB FB
12pp \$9.95



Little Sister Rabbit Gets Lost Little Sister Rabbit and the Fox

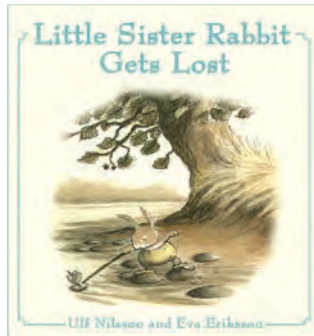
ULF NILSSON; ILLUSTRATED BY EVA ERIKSSON

"Highly recommended for reading aloud."
— School Library Association

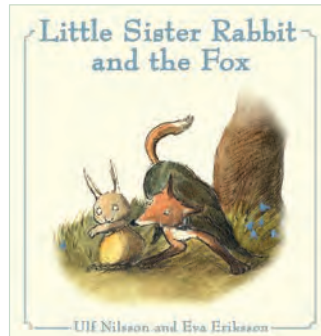
From the award-winning Swedish children's author, Ulf Nilsson, and one of Europe's best-loved illustrators, Eva Eriksson, come these charmingly illustrated tales of bravery and trusting your instincts, independence and family love.

These classic Little Sister Rabbit stories are much-loved bestsellers in Sweden and can now be enjoyed by new generations in English.

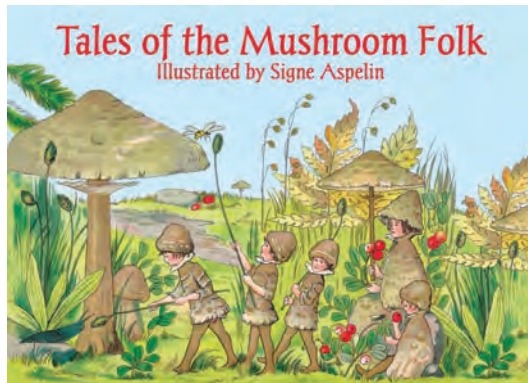
(Ages 3-6)



9781782503774 HC 32pp \$17.95



9781782503781 HC 32pp \$17.95



"A wonderful choice for readers hoping to learn about mushrooms in a lighthearted manner."

— New York Botanical Garden

Tales of the Mushroom Folk

SIGNE ASPELIN

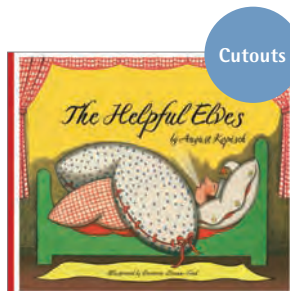
"The book is nothing short of fascinating."
— Youth Services Book Review

"A lovely picture book filled with natural detail of the woods and meadows where the mushroom folk live. Enthusiastically recommended ... will prove to be an enduringly popular addition to family, preschool, elementary school, and community library picture book collections for children."

— Midwest Book Review

Meet the delightful mushroom folk, the Stinkhorns, Button Mushrooms, and more, who are just waking up from their winter sleep. (Ages 4-7)

9781782503347 Hardcover Floris Books 32pp \$17.95

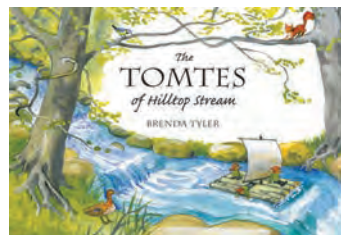


The Helpful Elves

AUGUST KOPISCH;
ILLUSTRATED BY BEATRICE
BRAUN-FOCK

When the lazy people of Cologne go to sleep, the helpful elves do all their work. Until one day the tailor's wife becomes curious (Ages 3-6)

9780863158155 HC FB 32pp \$17.95

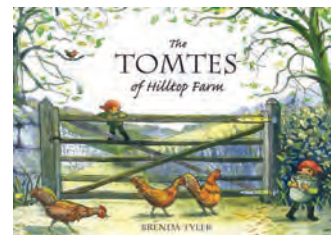


The Tomtes of Hilltop Stream

SIGNE ASPELIN

In a gentle message about caring for your local area, Jamie and Emily try to clean up Hilltop stream, with help from their little Tomte friends. Will the otters return? (Ages 3-6)

9781782500452 HC FB 32pp \$17.95

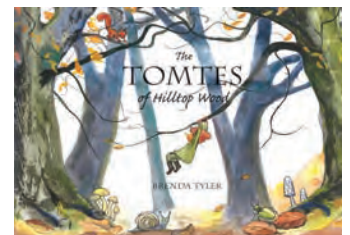


The Tomtes of Hilltop Farm

"A lovely tale on why some things are always worth fighting for."
— Creative Steps

Jamie and Emily try to save Hilltop Farm from being sold, with help from their little Tomte friends. (Ages 3-6)

9780863159060 HC FB 32pp \$17.95



The Tomtes of Hilltop Wood

SIGNE ASPELIN

Emily and Jamie hear that a new road will be built through their favorite old woods. Can they stop the project with the help of their little Tomte friends? (Ages 3-6)

9780863157721 HC FB 32pp \$17.95

Do you know about Tomtes? They are small creatures that only children can see. They live in ancient woods and like to help people and animals.

BOARD BOOK



The Story of the Root Children

"Nothing could date this stunningly illustrated century-old book ... Children are enchanted by images like the root children painting a line of ladybirds with pots of red and black paint. Sibylle von Olfers' careful drawings depict Nature scenes halfway between imagination and reality."

— Juno Magazine, Top Ten Children's Books



A classic story of the changing seasons. When the root children wake in spring, they sew new clothes, and clean and paint the beetles and bugs. All summer they play in the fields, ponds, and meadows. In autumn Mother Earth welcomes them home and puts them to bed. (Ages 3–7)

9780863151064 HC Floris Books 24pp \$16.95

Mini Edition: 9780863152481 HC 24pp \$9.95



My First Root Children

The beloved *Story of the Root Children* as a board book for ages 1–3.

9780863158599 BB FB 10 pp. \$9.95



The Story of the Wind Children

George blows dandelions in the meadow, shakes apples from the tree, and rides fluffy cloud horses across the sky with a friendly wind child. (Ages 3–5)

9780863155628 HC FB 24 pp. \$17.95



The Story of the Butterfly Children

The butterfly children get their wings on the first day of spring, after they have learned about all the brightly colored flowers in the kingdom. (Ages 3–5)

9780863156885 HC FB 20 pp. \$17.95



The Story of the Snow Children

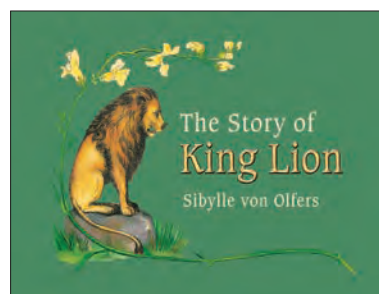
"An old-fashioned delight for new children."

— Kirkus Book Reviews

(Ages 3–5)

9780863154997 HC FB 24 pp. \$17.95

Mini Edition: 9780863159091 HC 24 pp. \$9.95



The Story of King Lion

King Lion's subjects bring their favorite dishes to his feast—saltwater lemonade, snail sausage, thistle salad. (Ages 4–6)

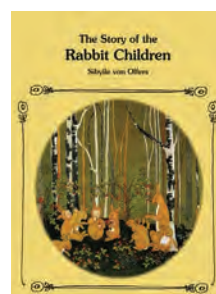
9780863159497 HC FB 24pp \$17.95



The Princess in the Forest

In a castle in the forest, the nature folk are friends and companions to the little princess. Spend a day with her and the toadstool children, the dew children, the moss children, and the star children. (Ages 3–7)

9780863151897 HC FB 28pp \$17.95



The Story of the Rabbit Children

Mother rabbit rescues two lost children, and they play happily with her rabbit children until they are reunited with their father. (Ages 3–6)

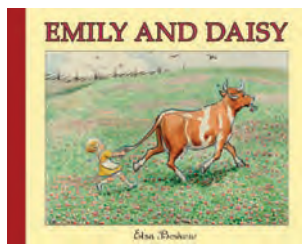
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The Story of Little Billy Bluesocks

Share a day in the life of a fun-loving little boy. (Ages 3–5)

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Emily and Daisy

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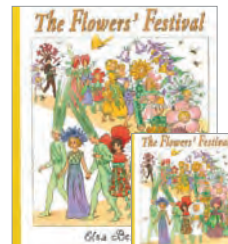
Princess Sylvie

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The Tale of the Little, Little Old Woman

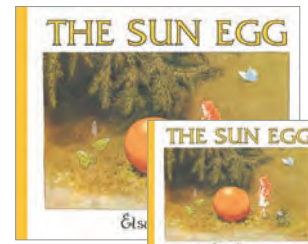
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The Sun Egg

"The book is very exciting and the pictures are both wonderful and mesmerizing. I strongly recommend it."
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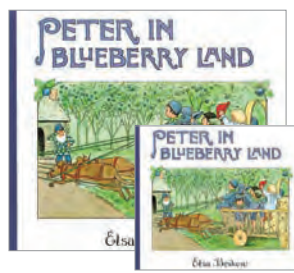
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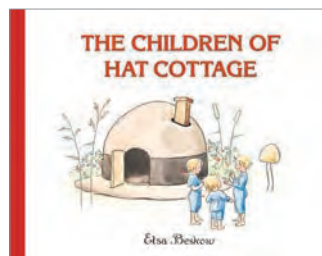


Peter in Blueberry Land

"This is an enchanting story, perfect for reading aloud before bedtime." — Booktrusted
(www.booktrusted.com)

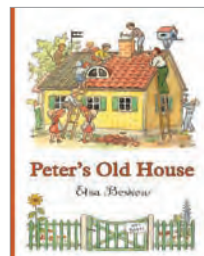
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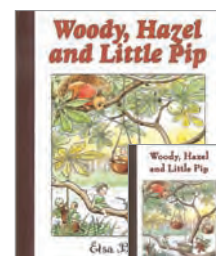
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"A beloved Swedish tale ... An old-fashioned telling with definite contemporary appeal." — Kirkus Review

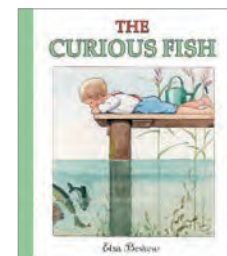
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(Ages 4–6) 9780863151095 HC FB 32 pp \$17.95

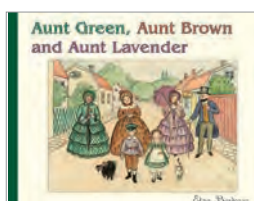
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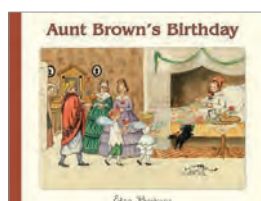
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The amazing adventures and riotous life of

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Pettson and Findus agree that pesky foxes should be tricked instead of trapped. They come up with a great plan that results in an explosive, unforgettable evening. (Ages 5–8)

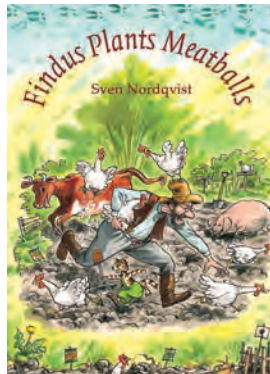
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Findus Moves Out

Every day at 4:00 AM, Findus likes to jump on his bed. He wakes Farmer Pettson, who tells him to stop. Because cats need their morning exercise, he finds a house of his own. But living without Pettson is horrible. (Ages 5–8)

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Findus doesn't like vegetables, so he plants meatballs instead. But keeping the garden safe proves to be a hard and hilarious task. (Ages 5–8)

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Findus at Christmas

Findus and Pettson have a very special Christmas, with a little help from a friend. (Ages 3–7)

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Findus Goes Camping

Farmer Pettson is up in the attic when he starts to dream about how much fun it would be to camp by a lake and grill fish over the fire as the sun is setting. But that's not exactly how things turn out... (Ages 5–8)

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Pancakes for Findus

Pettson wants to bake Findus' favorite pancakes for his birthday. But how will they get the eggs from the chicken coop with the bull in the way? (Ages 5–8)

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Findus, Food and Fun

Seasonal Crafts and Nature Activities
Nordqvist, Larsson, & Danielsson

Pottering, collecting, fixing, crafting, building, exploring, and baking with Findus, Pettson, and the Muckles.

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When Findus Was Little and Disappeared

How Findus first came to live with Farmer Pettson, and how one day when Findus was little, he went exploring and got lost. (Ages 5–8)

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*Ingenious... quirky
...original
absolutely delightful!*

—Philip Pullman

Findus Goes Fishing

Findus has never seen Farmer Pettson so grumpy. I must cheer him up, he thinks. "We can go fishing," he says. "Then you'll feel better." But it's cold and wet, and Farmer Pettson must first dig over the potato patch and chop wood. (Ages 5–8)

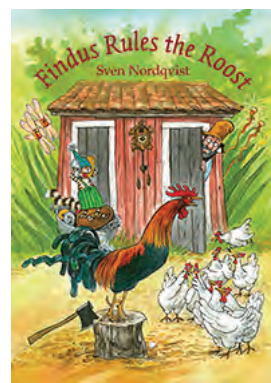
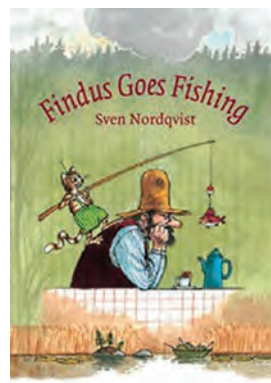
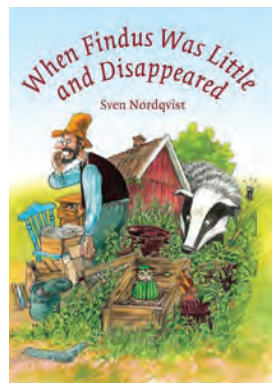
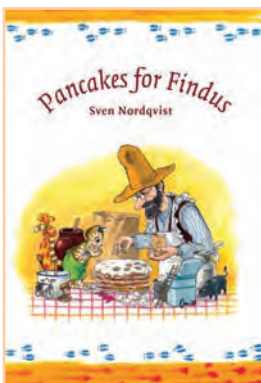
9781907359729 HC HP 28pp \$17.95

Findus Rules the Roost

The chickens are Findus' best friends, second only to Pettson. One day, Farmer Pettson brings home a rooster. The rooster is loud, and it does not want Findus to play with the hens. In fact, it chases him

away! Findus is very unhappy and his ears are aching, but what can he do? (Ages 5–8)

9781907359873 HC HP 28pp \$17.95





The Midsummer Tomte and the Little Rabbits

ULF STARK

ILLUSTRATED BY EVA ERIKSSON

"Written with a storyteller's finesse and illustrated with lively, beautiful pencil and watercolor artwork, this companion book to The Yule Tomte and the Little Rabbits offers another foray into the character's magical world. For any child who is ready for longer stories but still enjoys the illustrations in picture books, here's a captivating read-aloud choice."

— Booklist

(Ages 5–8)

9781782502449 HC FB 120pp \$24.95



Pico the Gnome

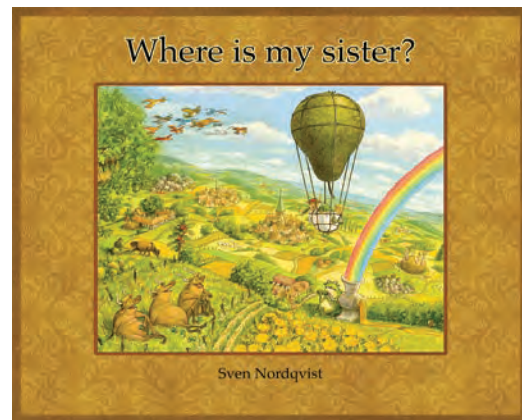
MARTINA MÜLLER

"This is a beautifully illustrated, gentle story about a gnome who befriends a giant, thus saving all the gnomes in his forest. A great story to read to little ones."

— Youth Services Book Review

(Ages 4–7)

9781782503293 HC FB 32pp \$16.95



Where Is My Sister?

SVEN NORDQVIST

How does one keep up with a sister who is disappearing all the time?

But little brother might know where she is.

He knows her best. And if you like, you can help him.

Search through the landscapes of her dreams, in places you've never seen or even imagined before.

Printed in a special, extra-large format, Sven Nordqvist invites you on a balloon journey through a fabulous fantasy world, where Sister is hiding on each richly illustrated spread. Can you find her? This is an art book for both children and adults—with stunning pictures, a poetic text, and subtle art historical references.

(Ages 4 and up)

9781903458921 HC HP 32pp \$17.95

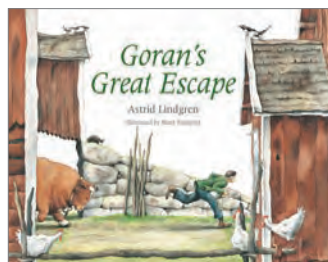


Peter's Tree

BERNADETTE WATTS

Peter wants to get his mother the perfect gift for her birthday, and dreams of giving her the most beautiful tree in the world.

(Ages 4–7) 9781782501787 HC FB 34pp \$17.95



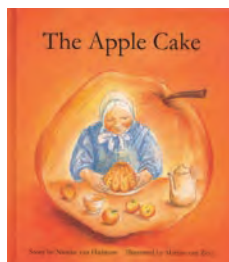
Goran's Great Escape

ASTRID LINDGREN; ILLUSTRATED BY MARIT TÖRNQVIST

"The charm and success of this traditional tale lie in Lindgren's masterful storytelling and Törnqvist's delicate, expressive watercolors. The message that simple kindness is often an act of extraordinary bravery makes this a must."

— School Library Journal Reviews

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The Apple Cake

NIENKE VAN HICHTUM; ILLUSTRATED BY MARJAN VAN ZEYL

This is a classic story of sharing, trading and caring. Children will love guessing what the old lady will acquire next, and how, and seeing how her journey brings her full circle as her kindness is repaid.

(Ages 5–8) 9780863152283 HC FB 24pp \$16.95



The Knottles

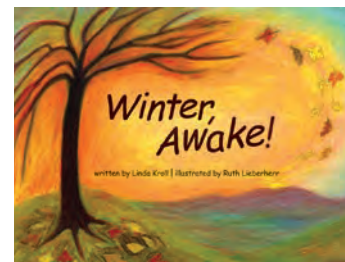
NANCY MELLON

ILLUSTRATED BY RUTH LIEBERHERR

A magical story highlighting the importance of respecting nature. Written by a former Waldorf teacher.

When two children go to sleep in their new home at the edge of a pine forest they meet the Knottles, guardians of the pine trees, who inspire them to take care of their trees.

(Ages 5–8) 9781621480037 SB 32pp \$11.95



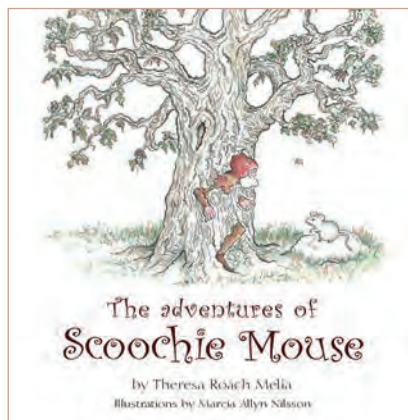
Winter, Awake!

LINDA KROLL

ILLUSTRATED BY RUTH LIEBERHERR

A winter's tale told in the most delightful rhyme. All the woodland creatures tell Winter their work is done—they need to rest. But Winter will not wake! They scold and mock and urge, but Winter will not wake!— Until the round red ladybug whispers something gently in Winter's ear.

(Ages 5–8) 9780880105286 SB 32pp \$11.95

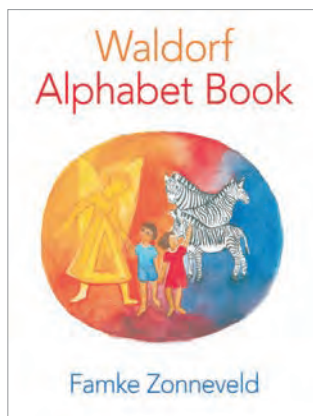


The Adventures of Scoochie Mouse

THERESA ROACH MELIA
ILLUSTRATED BY MARCIA
ALLYN NILSSON

Scoochie Mouse is quiet and careful in her comings and goings. And her senses are keen to detect the most important things in life, which on this particular farm are evident in abundance: a deep reverence for the natural world, an abiding kindness toward all creatures, love, and goodness. Follow Scoochie, the farm family, and Scoochie's gnome- and animal-friends through the four seasons of the year. (Ages 5-8)

9781584209911 LB 152 pp \$12.95



Waldorf Alphabet Book

FAMKE ZONNEVELD

Afterword by William Ward

In this BEST-SELLING alphabet and game book each letter comes to life in pictures that help children learn the alphabet in a natural and living way.

This learning-the-alphabet book is ideal for both home and classroom.

"These lively illustrations, so filled with color, movement, eloquent gesture, and invention conjure up long-forgotten memories of books from a time when pictures were still alive and spoke with power."— William Ward

(Ages 4-6)

9780880105590 SB 64 pp \$14.95



NOW IN PAPERBACK !

The Blue Forest

LUKE FISCHER; ILLUSTRATED BY
STEPHANIE YOUNG & TIM SMITH

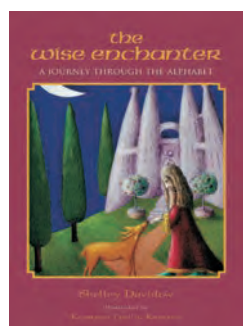
"This book is straight up magical. The way the words flow, it sounds like a lullaby."

— Ashlee Dunn, 2017

"A mesmeric collection of seven inconclusive stories meant to spark the imagination of a child who is subsiding into sleep. Each tale is notably rich with the names of colors."

Mysterious jewel-hued illustrations by Stephanie Young and Tim Smith reinforce the dreamlike quality of these short tales, which ideally should be read aloud softly, one each evening, just before lights out."— The Wall Street Journal: "Best New Children's Books" (Ages 6-9)

9781584209287 Paperback LB 48pp \$12.95



The Wise Enchanter

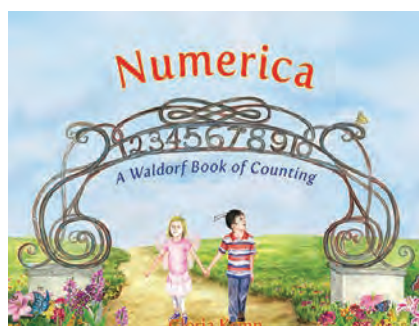
A Journey through the Alphabet

SHELLEY DAVIDOW

ILLUSTRATED BY KRYSZYNA EMILIA KURZYCA

A wonderfully adventurous learn-the-alphabet book. Words are disappearing from the world. Something is lurking in the deepest waters, devouring words that are no longer used. Four children from the corners of the earth have been sent on a quest to rediscover each letter, unlock the treasure of language, and grow wise. (Ages 6-8)

9780880105620 BPB 160 pp \$15.00



Numerica

A Waldorf Book of Counting

GLORIA KEMP; Illustrated by Elsa Murray-Lafrenz

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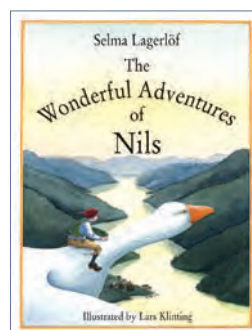
The Wonderful Adventures of Nils

SELMA LAGERLÖF

ILLUSTRATED BY LARS KLINTING

A newly illustrated edition of one of the best-loved, Swedish folk tale. Nils is carried off across Sweden to the far North by a flock of wild geese. Through many perils and exciting adventures, Nils wins the respect and love of the geese and finally returns home.

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Namaste!

DIANA COHN

ILLUSTRATED BY AMY CÓRDOVA

Afterword by Ang Rita Sherpa

"Highly recommended"—Midwest Book Review

Nima lives in Nepal. Everyday on her way to school, when she sees someone, she brings her hands together, bows her head, and says "Namaste"—"the light in me meets the light in you." This is a delightful, simple story about recognizing and honoring the sacred in each other.

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Books by ISABEL WYATT



The Seven-Year-Old Wonder Book

The classic tale of the wonders of a child's becoming seven years old. (Ages 6–8)

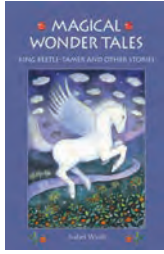
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Exciting Eastern adventure tales for children who are learning to become clever and brave. (Ages 7–10)

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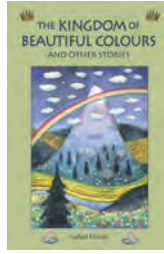


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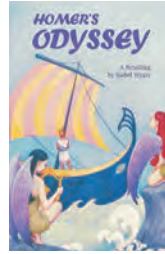


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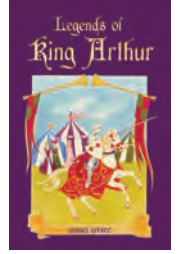
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These ancient legends tell of courageous knights who fight strange, unearthly foes to prove themselves worthy of a place at King Arthur's Round Table.

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Hay for My Ox and Other Stories

A First Reading Book for Waldorf Schools

The classic early reader for

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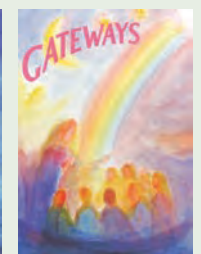
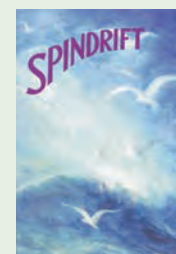
ISABEL WYATT (1901–1992) spent many years teaching young children and was, until her retirement in 1965, co-director of studies at Hawkwood College in Gloucestershire. She died in 1992.



A Journey through Time in Verse and Rhyme

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(Ages 4–9)

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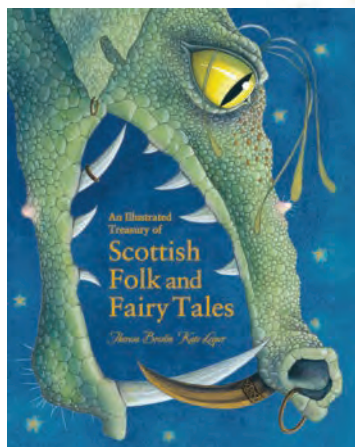
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An Illustrated Treasury of Scottish Folk and Fairy Tales

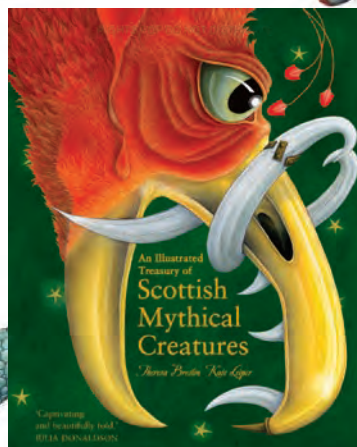
THERESA BRESLIN

ILLUSTRATED BY KATE LEIPER

"When excellent stories and lovely illustrations come together in a book with nice thick pages and delightful design, it is apt indeed to call it a 'treasury.' Both in themselves and the inventive ways they are disposed on the page, the pictures by Kate Leiper are stunning. It really is a book to treasure." — School Librarian Journal

Slithering stoorworms, mischievous brownies, fierce kelpies, and magical selkies—these are the creatures of Scottish folklore. Award-winning Theresa Breslin has collected eleven of the best-loved tales from all over Scotland. Retelling each in its own individual style, the author presents funny tales, moving tales, and enchanting fairy tales. (Ages 6–12)

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An Illustrated Treasury of Scottish Mythical Creatures

THERESA BRESLIN

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Mysterious selkies, bad-tempered giants, and devious fairies—these are the mythical beasts of Scottish folklore. This companion volume to the much-loved *An Illustrated Treasury of Scottish Folk and Fairy Tales* offers a stunning collection of tales from across Scotland. Alternately humorous, poignant, and thrilling, each story is brought to life with exquisite illustrations. (Ages 6–12)

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Stories of Dwarfs, Fairies, Gnomes and Elves From Around Europe

EDITED BY ELS BOEKELAAR & INEKE VERSCHUREN

ILLUSTRATED BY DANIELA DRESCHER

"One of those delightful books whose stories and drawings are so appealing. The mystical tales cover all the seasons." — Vermont Country Sampler

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Illustrated by bestselling author Daniela Drescher, this is a classic anthology of forty stories about gnomes, dwarfs, fairies, leprechauns, and little folk. The stories come from Ireland, Germany, Scotland, Spain, Switzerland, England, Flanders, and Scandinavia. (Ages 6–10)

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In the Waldorf curriculum, Parzival's quest is seen as a metaphor for the difficult journey through life, which speaks strongly to the adolescent, and its study is at the heart of the Class 11 curriculum..

9781782504962 Floris Books 256pp \$19.95



The Beejum Book

ALICE O. HOWELL

"A dream of a book, a triumph of the illumined imagination."— Mary Ford-Grabowsky, editor of *Sacred Voices: Essential Women's Wisdom through the Ages*

"A new classic. Wise, funny, startling, and exuberant." — Jean Houston, author of *Jump Time*

"This delicious exhilarating marvel of a book has pace, wit, fantasy, and spiritual depth that will enchant children, galvanize adults to rediscover the wonder and creativity of their childhood selves."

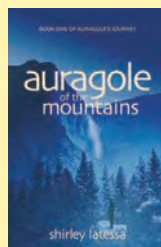
— Andrew Harvey, author of *The Direct Path*

Teak is a child living abroad between the two World Wars. Her mother tells her not to worry about being left alone, because at night, while she is sleeping, they can meet in the magical realm of Beejumstan. (Ages 8–11)

9780880107297 Bell Pond Books 304pp \$20.00

The Auragole Quartet

by SHIRLEY LATESSA



PREQUEL

TO THE AURAGOLE QUARTET

Meekelorr

The Early Years

9781584201250 LB 532pp \$29.95

THE AURAGOLE QUARTET

Auragole of the Mountains

Book One of Aurogole's Journey

9781584200758 LB 416pp \$25.00

Auragole of the Way

Book Two of Aurogole's Journey

9781584200765 LB 460pp \$25.00

"An unforgettable saga on a cosmic scale, peopled with clear and colorful characters, overcoming obstacles and evil at every turn, as they travel forth to a final climactic battle."

—Rebecca Schacht, M.A., teacher and author

Auragole of Mattelmead

Book Three of Aurogole's Journey

9781584200772 LB 520pp \$35.00

Auragole and the Last Battle

Book Four of Aurogole's Journey

9781584200789 LB 300pp \$25.00



The King of Ireland's Son

An Irish Folk Tale

PADRAIC COLUM

Illustrated by WILLY POGANY

A true Irish wonder tale: a coming of age story of the youngest son of the King Ireland, who sets off on an impossible quest. The stories weave together in a fantastic tapestry of humor, poetry, action, and adventure. (Ages 7–10)

9780863158964 PB Floris Books 288pp \$16.95

Myths of the World

PADRAIC COLUM

A treasure trove of stories from the ancient world, retold by Padraic Colum, one of Ireland's greatest storytellers. (Ages 7–10)

9780863153655 FB 328pp \$25.00



The Flight of the Golden Bird

Scottish Folk Tales for Children

DUNCAN WILLIAMSON

Tales about silver horses and golden birds, cunning lions and trilling nightingales, brave princesses and magic scarecrows, the four seasons and old Father Time. (Ages 8–12)

9781782500179 FB 144pp \$16.95

The Coming of the Unicorn

Scottish Folk Tales for Children

DUNCAN WILLIAMSON

Tales about cunning foxes and storytelling cats, hunchbacked ogres and beautiful unicorns, helpful broonies and mysterious fairies, (Ages 8–12)

9780863158681 FB 160pp \$15.95



Nature Activities for Children

IRMAGARD KUTSCH & BRIGITTE WALDEN

These books are packed full of fun nature activities that will help children engage with the seasons and learn new skills. The activities are based on practical experience from the Children's Nature and Garden Centre in Germany, and are fully tried and tested.



AUTUMN NATURE ACTIVITIES is a fun-packed mix of indoor and outdoor activities, including picking and cooking fruit, basket-making, building houses and shelters, looking after birds, working with beeswax, and making paper.

9780945803775 108 color photos and illustrations RSCP 96pp \$22.95

WINTER NATURE ACTIVITIES includes making an Advent wreath, blowing walnut ships, making Christmas branches flower, working with wool, weaving, knitting, making felt, woodworking, and making things with willow and out of clay.

9780945803850 220 color photos & illustrations RSCP 96pp \$22.95

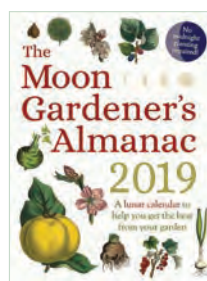
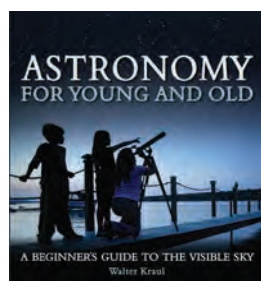
SPRING NATURE ACTIVITIES includes building bird nesting boxes, sprouting seeds, landscaping and planting a garden, using plant-based dyes and paints, milk processing, and beekeeping.

9780945803812 165 color photos & illustrations RSCP 96pp \$22.95

SUMMER NATURE ACTIVITIES includes growing and cooking fresh herbs, caring for butterflies, activities based around water, fire, earth and air, and working with grain and making bread.

9780945803867 128 photos & illustrations RSCP 80pp \$22.95

"Brilliant ... inspires you with the most wonderful activities and photos."
—Education Otherwise



Stargazers' Almanac 2019

A Monthly Guide to the Stars and Planets
BOB MIZON

"For all levels of skywatchers. Recommended." —Popular Astronomy

This popular large-format almanac by a Fellow of the Royal Astronomical Society enables you to step outside and track the planets, locate the Milky Way, recognize the constellations of the zodiac, and watch meteor showers. It's designed specifically for naked-eye astronomy throughout the Northern Hemisphere's temperate latitudes.

9781782504955 Calendar Floris Books 32pp \$25.00

Astronomy for Young and Old

A Beginner's Guide to the Visible Sky
WALTER KRAUL

A perfect introduction to astronomy, even without a telescope. For northern and southern hemispheres, and at all latitudes.

9781782500469 FB 144pp \$24.95

The Moon Gardener's Almanac 2019

A Lunar Calendar to Help You Get the Best from Your Garden
EDITED BY THÉRÈSE TRÉDOULAT

9781782505181 Illustrated FB 120pp \$14.95

The North American Maria Thun Biodynamic Almanac 2019

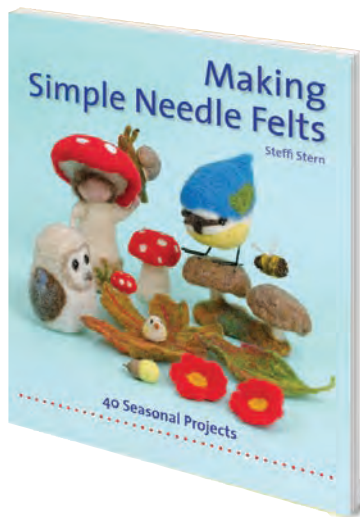
57th year! This guide shows the optimum days for sowing, pruning, and harvesting plant-crops, and working with bees. With a handy pullout wall chart for quick reference.

9781782505310 Illustrated FB 64pp \$13.95

Stella Natura 2019 Biodynamic Planting Calendar

Planting Charts and Thought-Provoking Essays
Edited by SHERRY WILDFEUR

9780985365882 9"x12" wall calendar Illustrated 40pp \$16.95



Making Simple Needle Felts

Forty Seasonal Projects

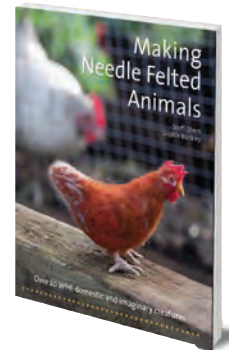
STEFFI STERN

Steffi Stern brings her inimitable energy and enthusiasm to this a back-to-basics guide to making simple needle-felts. The book contains chapters on techniques, materials, tools, and accessories, as well as instructions on making fairies, angels, and little people, pumpkins, gnomes, strawberries, baubles, birds, bees, snails, flowers, the Nativity, mice, and mermaids.

A beginner can do all the projects in the book. Some of the instructions are for little fingers (no needles involved) and beginners, and some are intended for the more experienced. Steffi's advice: Have a go!

STEFFI STERN began to enjoy the German handcraft tradition at a young age. Inspired by her love of quality materials and meaningful handcrafts, she founded Mother Goose, a craft shop and events space in Gloucestershire, UK, in 2010. She is also the author of *Making Needle Felted Animals*.

9781907359972 Paperback Hawthorn Press color illustrations 160pp \$25.00



9781907359460
HP 128 pp \$35.00



Making the Children's Year

Seasonal Waldorf Crafts with Children

MARIJE ROWLING

Thirty years since its original publication as *The Children's Year* this much loved book has never been out of print. With beautiful color illustrations and more projects, this new edition will inspire a new generation of families to engage children in creative play, the seasons, and the joy of handcrafting.

Packed with all kinds of Waldorf-inspired craft projects throughout the seasons – woodwork, doll making, paper crafting, building dens, toys, and nature tables – for beginners to experienced crafters, kindergarten to teenager.

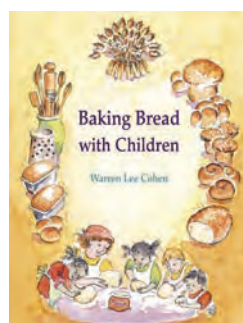
9781907359972 Paperback Hawthorn Press color illustrations 192pp \$26.00



A whole year's worth of ideas – sometimes indoors, sometimes outdoors. Have fun pottering, collecting, fixing, crafting, building, exploring, and baking with Findus, Pettson, and the Muckles for every season!

Illustrated in full color throughout.

9781907359347 HC HP
64pp \$19.95

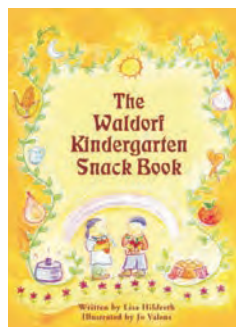


Everything you need to share the magic of baking with children of all ages. The techniques and recipes are cleverly seasoned with stories, songs, and poems. Included are instructions for building and using a bread oven, baking projects for kindergarten and school, and useful information on nutrition.

9781903458600 HP 128pp
\$30.00

What's cooking in the Waldorf school?

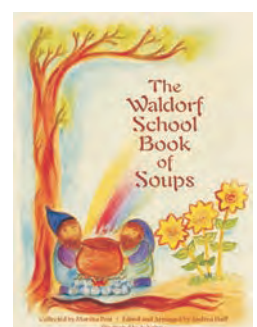
These delightful books are rich compendiums of information, recipes, and anecdotes collected from parents, teachers, and friends of the Waldorf School movement especially for Waldorf families and kindergartens.



9780880105637 SB 56pp
\$12.95



9780880107037 SB 56pp
\$14.95



9780880105750 SB 64pp
\$14.95



Easy Wood Carving

NEW

Fun Whittling Projects
for Adventurous Kids

FRANK EGHOLM

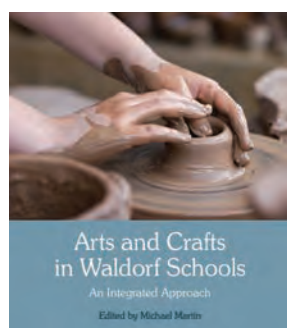
Wood carving is a great hobby — and it helps to improve children's concentration, creativity, and dexterity. It is easy to learn, fun to do, plus almost everything you need to get started is free — right outside your door. You can craft a tumbling tower game, a racing car toy, a dolphin necklace, or a handy coat hook!

With more than fifty activities at levels for beginners and up, children starting from ages 6-8 can create something useful, beautiful and fun out of wood.

9781782505150 Paperback Floris Books 128pp \$14.95



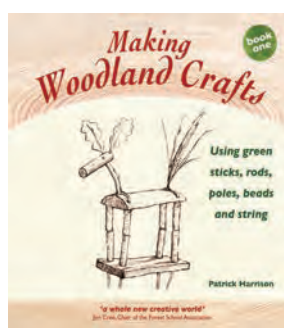
FRANK EGHOLM is a lecturer, author and former woodwork teacher who worked for many years at the Rudolf Steiner School in Vordingborg, Denmark. Frank designs and develops his own wooden toys and games.



Arts and Crafts in Waldorf Schools
An Integrated Approach
EDITED BY MICHAEL MARTIN

Arts and crafts are a core part of the Waldorf curriculum, helping children to develop practical skills as well as spatial awareness, creativity and self-discovery. This comprehensive book addresses every aspect of arts and crafts in Waldorf schools, including woodwork, forestry, metalwork and pottery.

9781782504597 FB 288pp \$30.00

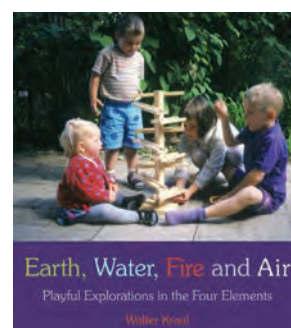


Making Woodland Crafts
Using Green Sticks, Rods, Poles, Beads
and String

PATRICK HARRISON

"The skills this book teaches are not luxuries. They are an important link to a more sustainable way of living. Patrick gives young people the tools to get outdoors and make their own adventures." —David Bond, filmmaker and trustee of The Wild Network.com.

9781907359378 HC HP 112pp \$35.00



Earth, Water, Fire and Air
Playful Explorations in the Four Elements
WALTER KRAUL

This book encourages children's interest in the natural world with activities, games and toys to make that involve earth, water, fire or air. The projects introduce children to basic scientific principles — such as gravity, momentum and light refraction — in fun and creative ways. (Ages 6-12)

9780863157684 FB 104 pp. \$25.00



Spring and Summer Activities Come Rain or Shine

Seasonal Crafts and Games for Children
EDITED BY STEFANIE PFISTER

Race handmade boats, build an insect hotel and create wildflower Easter eggs. This wide-ranging book for working with children age four and up is packed with indoor and outdoor crafts and activities, plus fun facts, to entertain and engage curious children in spring and summer. All the activities encourage an exploration of nature, from streams and moss, to butterflies and dandelions.

9781782503750 Over 200 color illustrations FB 120pp \$24.95



Crocheting Soft Toys

ANGELIKA WOLK-GERCHE

Using basic crocheting stitches make pigs, sheep, and penguins, ducklings squirrels, frogs, and owls. This book is suitable for both beginners and experienced.

9781782502418 FB 160pp \$19.95

A First Book of Knitting for Children

BONNIE GOSSE AND JILL ALLERTON

The basic steps of knitting in rhymes and photographs.

9780946206551 Wynstones Press 96pp \$19.95

Knit Together, Share Together

Simple Knitting for All the Family

MARJA DE HAAN

Projects for every age and stage of experience: from simple dolls' clothes for beginners, to sweaters for children and adults, and knitting the dolls themselves.

9781782503248 FB 88pp \$19.95



Knitting for Children

A Second Book

BONNIE GOSSE AND JILL ALLERTON

Features new skills and patterns.

9780946206537 Wynstones Press
108pp \$24.95

Knitted Animals

ANNE-DORTHE GRIGAFF.

Step-by-step instructions for knitting over 20 different animals in soft, natural materials: ducklings, teddy bears, lambs, piglets, hedgehogs, a handsome rooster, and many more.

9781903458686 HC HP 64pp \$29.95

Making Needle Felted Animals

Over 20 Wild, Domestic, and Imaginary Creatures

STEFFI STERN AND SOPHIE BUCKLEY

Whether you are completely new to needle felting or an experienced felter, this book has something new and exciting to offer.

9781907359460 HP 128pp \$35.00

Making Soft Toys

KARIN NEUSCHÜTZ

Step-by-step instructions to make dolls, teddy bears, puppets, and animals.

9780863159084 FB 112pp \$19.95

Making Waldorf Dolls

A Waldorf Doll-Making Handbook

MARICRISTIN SEALEY

Features designs for ten different types of dolls.

9781903458587 HP 160pp \$30.00

Sewing Dolls

KARIN NEUSCHÜTZ

Patterns, instructions, and photographs for making a variety of Waldorf dolls.

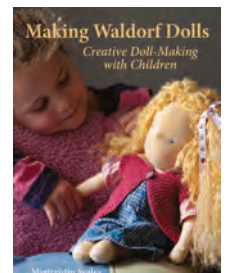
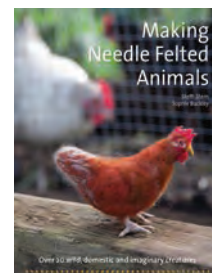
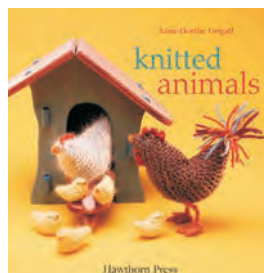
9780863157196 FB 112pp \$25.00

Weaving with Children

UTE FISCHER

Make your own loom and weave fairyland mushrooms, a coin purse, a dreamcatcher, juggling balls, a phone pocket, an Easter hen, a scarf, a pot holder, and more.

9781782500193 FB 104pp \$19.95





Autumn and Winter Activities

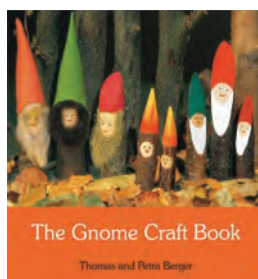
Come Rain or Shine

Seasonal Crafts and Games for Children

EDITED BY STEFANIE PFISTER

This practical book is packed with ideas to encourage children to explore nature, with indoor and outdoor crafts and activities plus fun facts to entertain and engage curious children at home and in the classroom through the autumn and winter.

9781782504405 over 200 color illustrations
FB 104 pp \$19.95



The Gnome Craft Book

THOMAS BERGER & PETRA BERGER

Make gnomes out of walnuts, twigs, wool, and paper, for a seasonal nature table.

9780863157219 FB 96pp \$25.00

Making Peg Dolls

MARGARET BLOOM

Over 60 designs and patterns for bluebirds, butterflies, flowers, gnomes, winter angels, and more; ideas for gifts, nature tables, and fairs; a section on storytelling with peg dolls.

9781907359774 HP 192pp \$24.95

Making Peg Dolls and More

Toys that Spin, Fly and Bring Sweet Dreams

MARGARET BLOOM

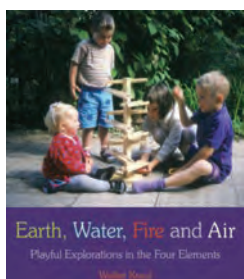
9781907359361 HC HP 176pp \$24.95

Painting with Children

BRUNHILD MÜLLER

This guide covers preparation, color stories and poems, and painting the moods of nature and the seasons.

9780863153662 FB 48pp \$15.95



Earth, Water, Fire and Air

Playful Explorations in the Four Elements

WALTER KRAUL

Instructions and diagrams for activities, games, and toys, for each of the four elements. Projects include a propeller plane, a windmill, and spinning tops. (Ages 6–12)

9780863157684 FB 104pp \$25.00



Paper Folding with Children

Fun and Easy Origami Projects

ALICE HÖRNECKE

Paper Folding with Children

Fun and Easy Origami Projects

ALICE HÖRNECKE

26 original and origami projects: foxes, flying spaceships, birds, boats that float, jumping frogs, a treasure box, and a magic trick. (Ages 5–12)

9781782501749 FB 64pp \$19.95



Papercraft

ANGELIKA WOLK-GERCHE

Papercraft

ANGELIKA WOLK-GERCHE

Over one hundred delightful things to make out of paper: paper stars, birds and animals, windmills, masks, and gift-bags. Includes making papier mâché and handmade paper.

9780863156380 FB 112pp \$25.00



Toymaking with Children

FREYA JAFFKE

Understand the nature of young children's play and make age-appropriate toys: simple knotted animals, playcloths, a dollhouse, a play store, puppets, dolls, boats and trains. 3rd edition.

9780863157691 FB 44pp \$25.00

Making Woodland Crafts

Using Green Sticks, Rods, Poles, Beads and String

PATRICK HARRISON

Simple to advanced projects, from functional structures to creative outdoor play forms.

9781907359378 HC HP 12pp \$35.00

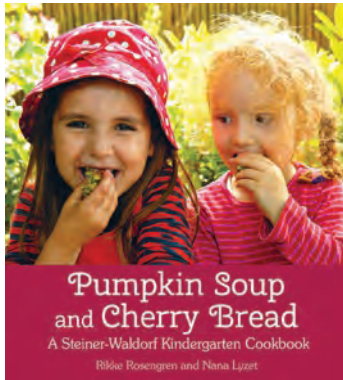
Woodworking with Children

ANETTE GRUNDITZ & ULF ERIXON

30 fun, child-friendly wooden games and toys, and bigger projects such as a garden swing or sandpit. No carpentry or woodworking experience is needed, nor expensive tools and materials.

9781782500391 FB 80pp \$19.95





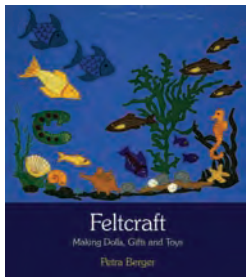
Pumpkin Soup and Cherry Bread

A Steiner-Waldorf Kindergarten Cookbook
RIKKE ROSENGREN AND NANA LYZET

From Bonsai Steiner-Waldorf kindergarten in Charlottenlund, Denmark, over 80 seasonal vegetarian recipes and a wealth of advice on encouraging children to enjoy healthy food.

A unique, beautifully illustrated cookbook designed for use in kindergartens. Recipes are fully adapted to serve a family of four or forty children.

9781782502005 120 color photos FB 168pp \$24.95



Beautiful Paper Stars

Craft Decorations for Every Season
URSULA STILLER, ARMIN TÄUBER, AND
GUDRUN THIELE

9781782502074 FB 160pp \$24.95

Crafts through the Year

Second Edition

THOMAS BERGER AND PETRA BERGER

9780863158285 FB 176pp \$24.95

Feltcraft

Making Dolls, Gifts, and Toys

Revised Edition

PETRA BERGER

Detailed instructions for dolls, finger and glove puppets, animals, finger- and wrist-bands, little gifts, and wall tapestries.

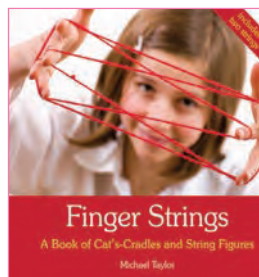
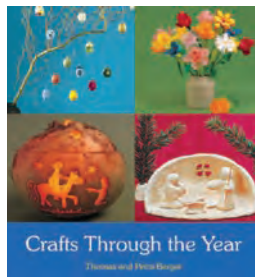
9780863157202 FB 96pp \$25.00

A Felt Farm

ROTRAUD REINHARD

Make an entire farm out of felt, from puddles and trees to animals and people.

9780863157899 FB 160pp \$19.95

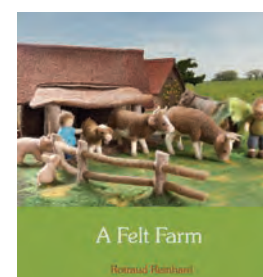


Finger Strings

A Book of Cat's Cradles and String Figures
MICHAEL TAYLOR

Finger string games are a wonderful opportunity for today's children to practise meaningful movement, explore space, interact with others, and exercise their creative spirits. This book contains over eighty inventive and imaginative shapes and figures to create with finger strings, and includes two brightly colored strings to get you started.

9780863156656 PB + 2 strings FB 144pp \$25.00



The Nature Corner

M. VAN LEEUWEN AND J. MOESKOPS

With simple materials, and basic knitting and crocheting skills, colorful tableaux can be made for depicting the seasons and major festivals.

9780863156465 FB 88pp \$20.00

Puppet Theatre

MAIJA BARIC shows how to transform wooden spoons, pieces of string, holey socks, outgrown clothes and other scrap materials into beautiful, durable, and functional puppets. You'll also learn to build scenery and props and create sound effects and devise performances. Transform storytelling at home or in the classroom; for children's bedtime; make a birthday truly special.

9781903458723 HC HP 88 pp \$30.00

Transparent Window Scenes through the Year

MICHAELA KRONSHAGE & SYLVIA SCHWARTZ

Tissue-paper window scenes are a lovely way to bring color and light into a home or classroom. This book has instructions and templates for making window transparencies that capture the mood of the seasons.

9781782503255 FB 60pp \$19.95

Magical Window Stars

FRÉDÉRIQUE GUÉRET

Step-by-step instructions for creating 25 magical window stars from tissue paper.

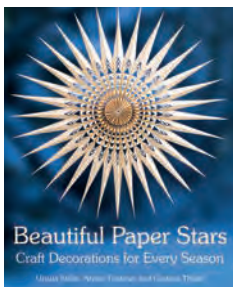
9780863154942 FB 96pp \$20.00

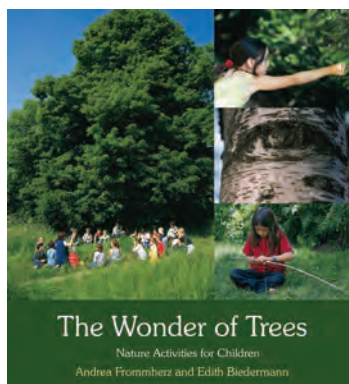
Making Natural Felt Animals

ROTRAUD REINHARD

This richly illustrated book gives step-by-step instructions for more than 25 different three-dimensional felted animals from raw wool batting, using Rotraud Reinhard's unique "building-up" method.

9781782503767 FB 172pp \$24.95





The Wonder of Trees

Nature Activities for Children

ANDREA FROMMHERZ & EDITH BIEDERMANN

The secrets, magic, and wisdom of trees have always fascinated people. This richly illustrated book tells us many of the mysteries of trees, such as which trees give us strength; which leaves and blossoms can be made into soothing ointments and delicious teas; which trees can be entrusted with our secrets. Activities include stories, songs, games, and crafts; simple recipes for food and the medicine cabinet; and fun skills to encourage children to use all their senses in getting to know 13 common trees.

9780863158667 FB 144pp \$24.95



Creative Felt

Felting and Making More Toys and Gifts

ANGELIKA WOLK-GERCHE

Expanded Edition

How to make felt without having to use special tools. Includes instructions and patterns to make beautiful hats, brooches, and dolls.

9780863156786 FB 192pp \$25.00



Making Fairy Tale Scenes

Sybil Adolphi



Making Flower Children

Sybil Adolphi



Making More Flower Children

Sybil Adolphi



Magic Wool Mermaids, Fairies and Nymphs through the Seasons

Christine Schäfer

Creative Wool

Making Woolen Crafts with Children

KARIN NEUSCHÜTZ

Learn how to make a broad range of crafts from fleece and yarn, for all ages of children. Includes toys, bracelets and braids, balls, pompoms, dolls and doll clothes, and felted animals and masks. The book starts with basic methods of spinning yarn, crocheting, knitting, and felting.

9780863158001 FB 80pp \$19.95

Making Fairy Tale Scenes

SYBILLE ADOLPHI

Make seasonal, well-known fairy tale scenes and figures from easy-to-find natural materials.

9780863157189 FB 96pp \$25.00

Magic Wool

Creative Pictures and Tableaux with Natural Sheep's Wool

FREYA JAFFKE & DAGMAR SCHMIDT

Second Edition

The authors explain the process of carding and dyeing unspun wool. Create pictures and tabletop scenes with wool, as well as simple dolls and animals, and an entire nativity scene.

9780863158292 FB 80pp \$19.95

More Magic Wool

Creating Figures and Pictures with Dyed Wool

ANGELIKA WOLK-GERCHE

More instructions for making wonderful creations with plant-dyed, unspun wool.

9780863153518 FB 80pp \$15.95

Magic Wool Fairies

CHRISTINE SCHÄFER

Detailed instructions on making fairies and angels for every occasion—flower fairies for a seasonal nature table; fairies for birthday celebrations; guardian angels to watch over a crib; and a range of Christmas angels.

9780863158261 FB 104 pp \$19.95

Magic Wool Fruit Children

CHRISTINE SCHÄFER

Fruit children for every season—berries, acorns, apples, plums, mandarins, toadstools, pumpkins—and delightful little people to match.

9780863159503 FB 96pp \$24.95

Magic Wool Mermaids, Fairies & Nymphs through the Seasons

CHRISTINE SCHÄFER

Inspired by ancient tales, myths and festivals, this book covers seasonal projects from fluffy Easter bunnies to a magnificent King Winter.

9781782500384 Floris Books 120pp \$19.95

Making Flower Children

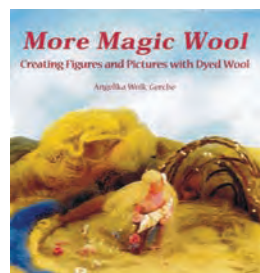
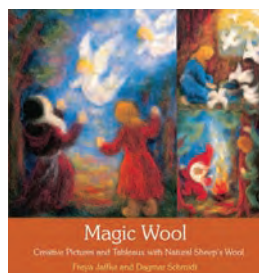
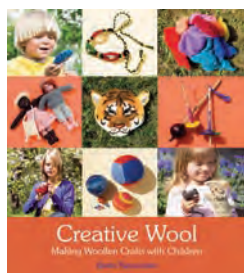
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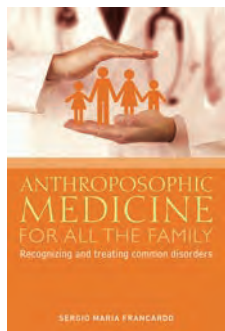
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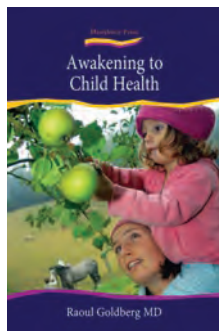
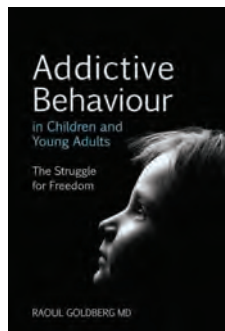
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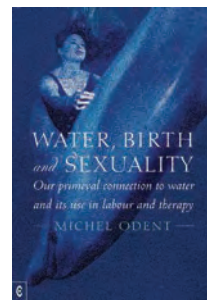
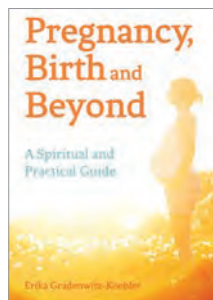
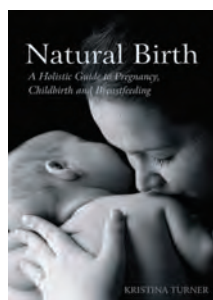
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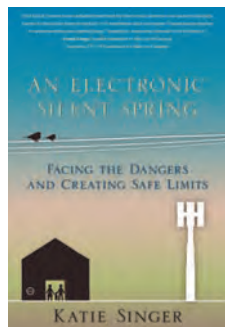
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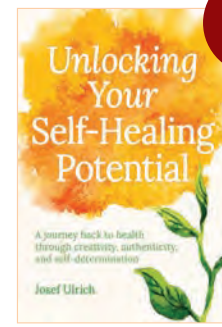
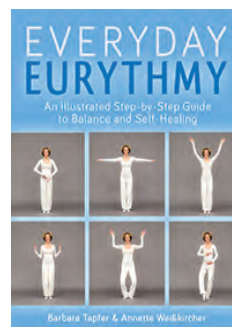
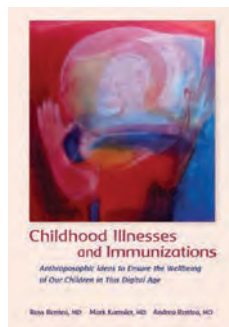
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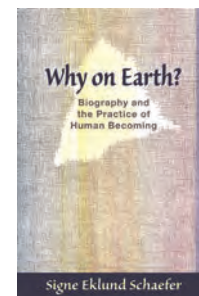
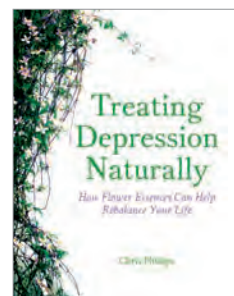
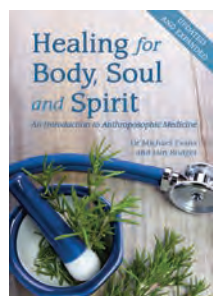
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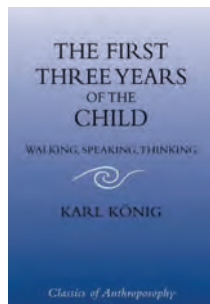
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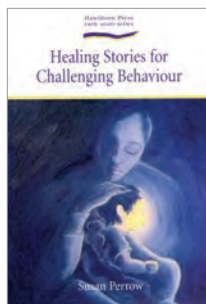
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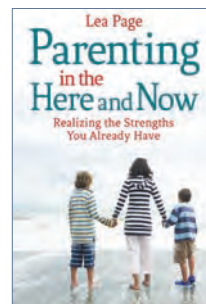
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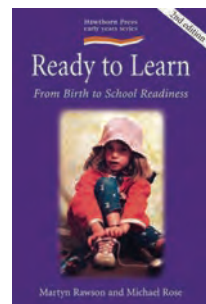


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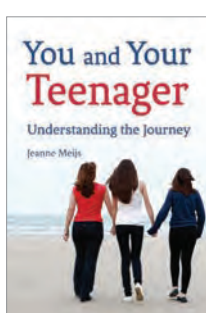
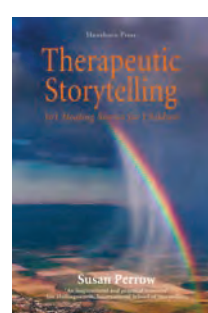
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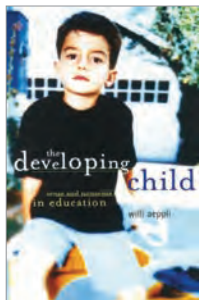
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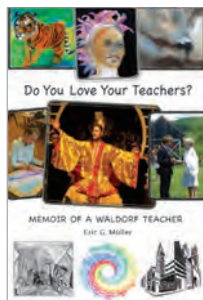
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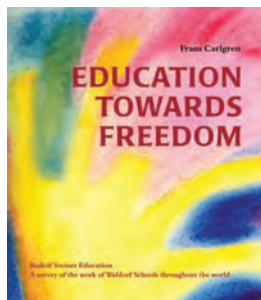
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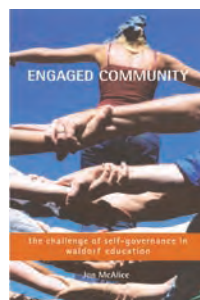
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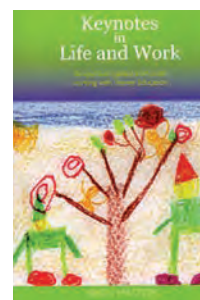
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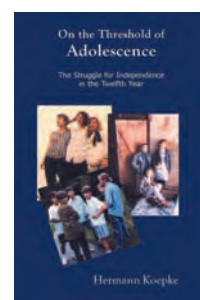
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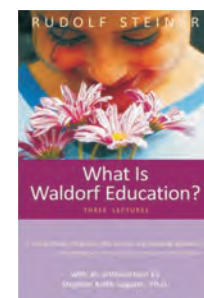
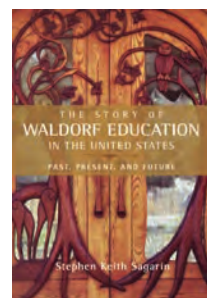
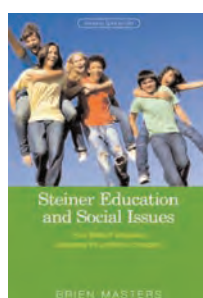
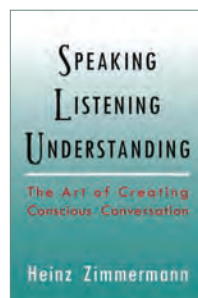
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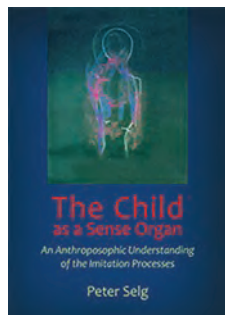
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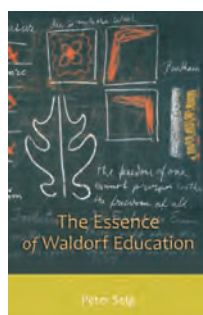
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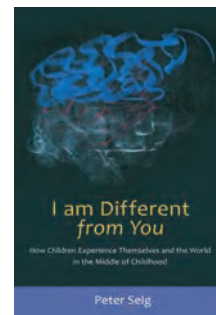
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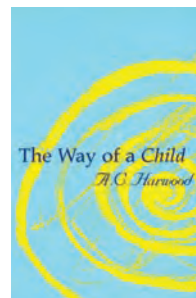
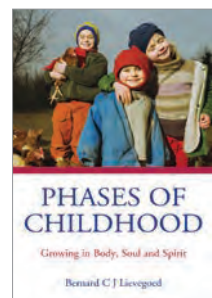
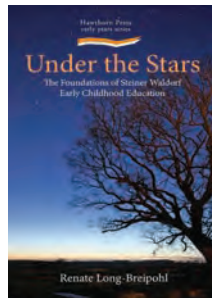
9781855843875 RSP 112pp \$18.00

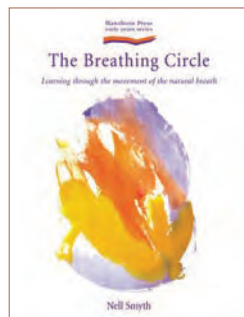
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SALLY SCHWEIZER

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The Breathing Circle

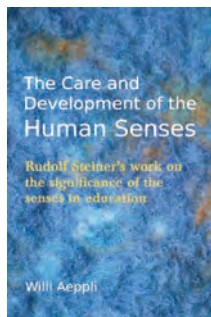
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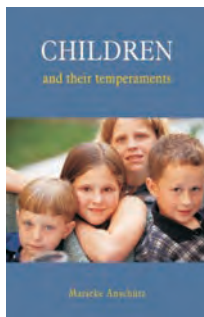
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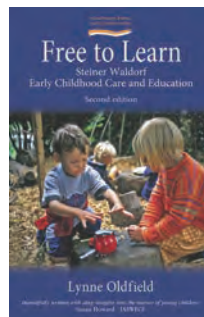


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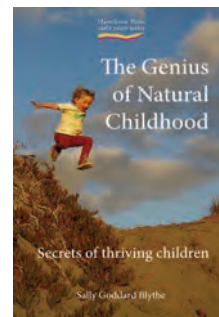
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Secrets of Thriving Children

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Writings of Rudolf Steiner; selected and introduced by ROBERT TROSTLI

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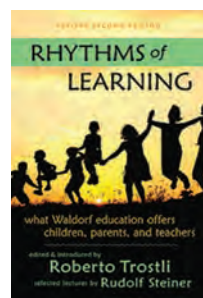
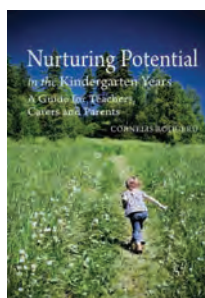
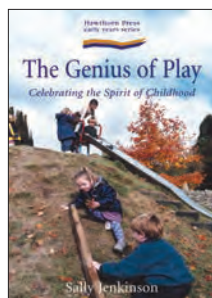
Under the Sky

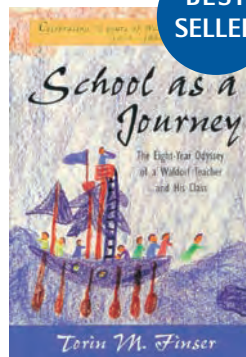
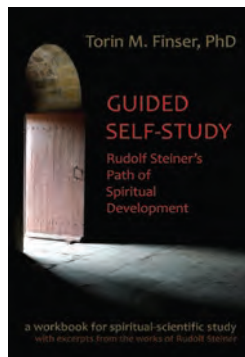
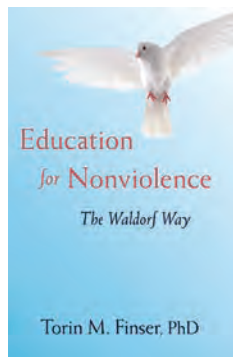
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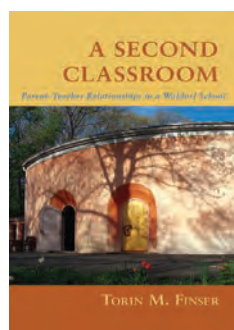
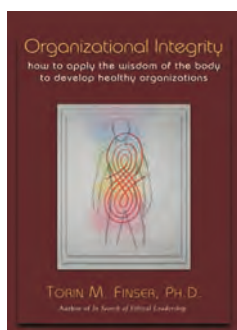
Renovación Escolar

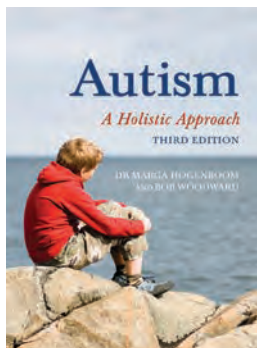
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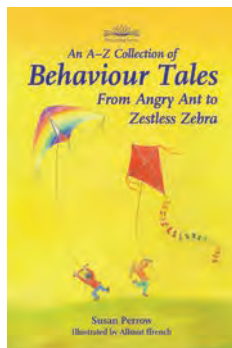


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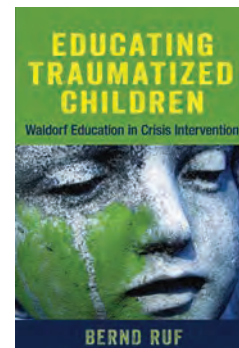
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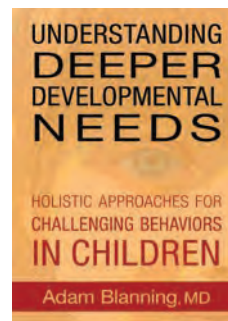
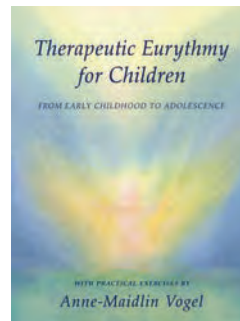
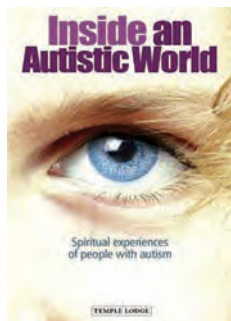
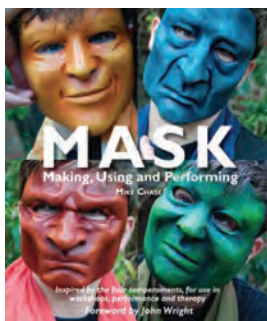
Holistic Approaches for Challenging Behaviors in Children

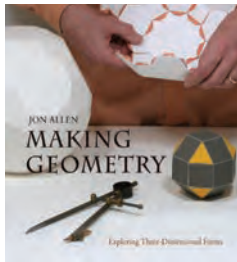
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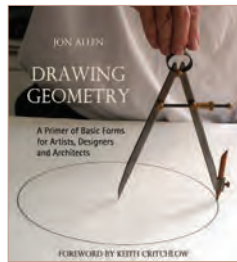
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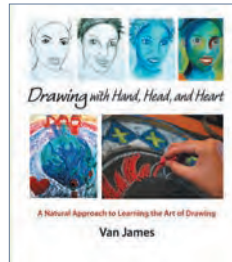
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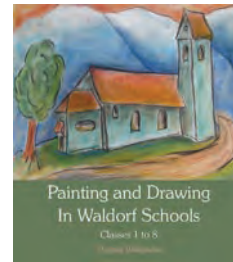
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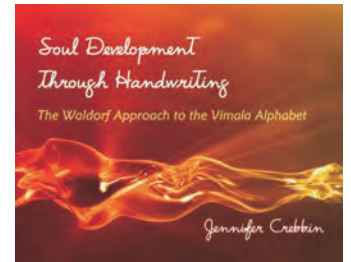


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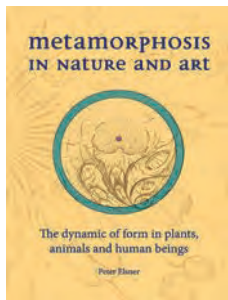
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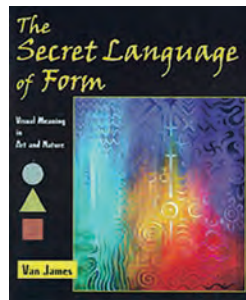
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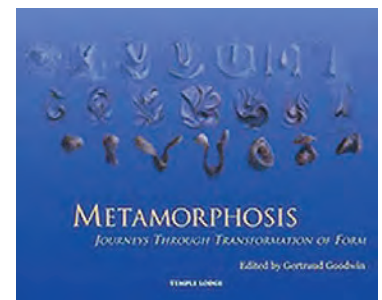


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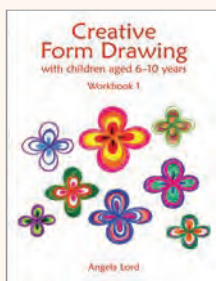
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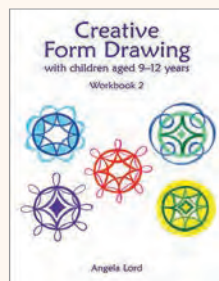
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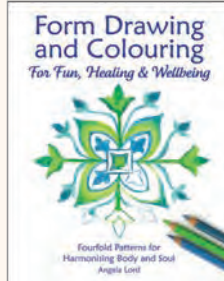
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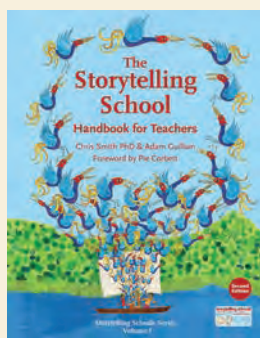
WORKBOOK 2 is designed for classes 4-6. Includes sections on the purposes of form drawing, how to use it to counter-act negative screen-effects, and the origin and development of creative form drawing.

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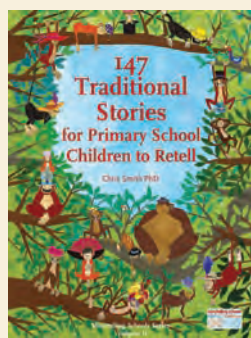
Fourfold Patterns for Harmonizing Body and Soul

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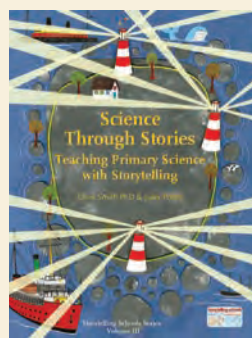
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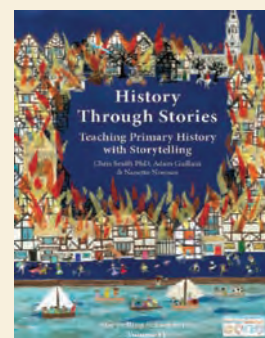
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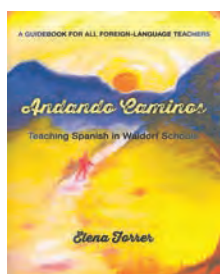
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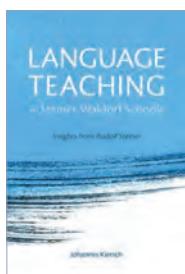
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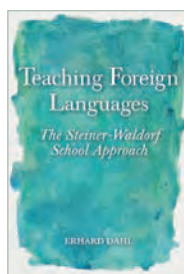
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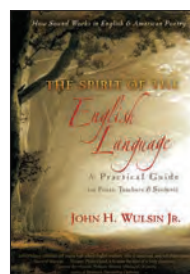
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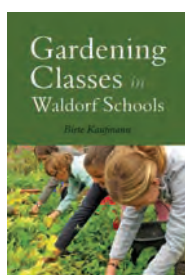
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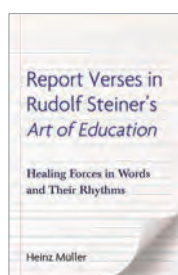
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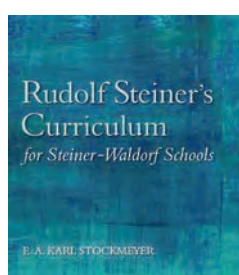
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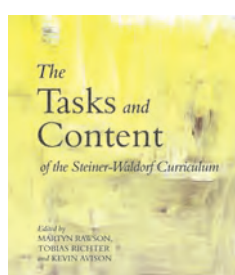
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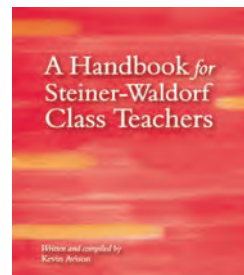
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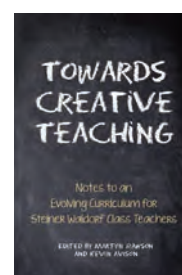
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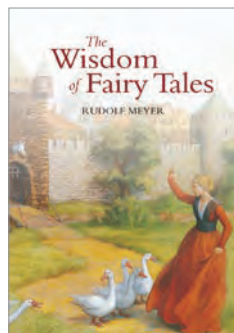
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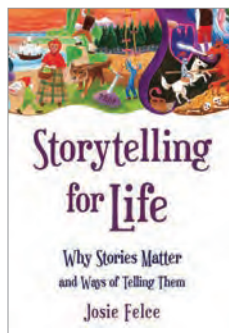


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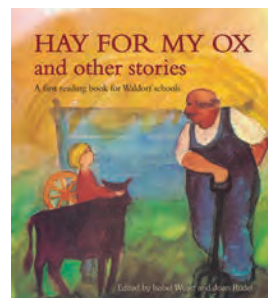
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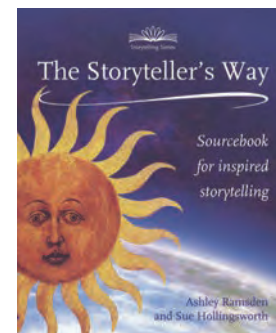


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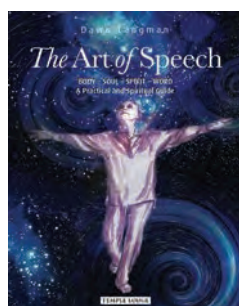
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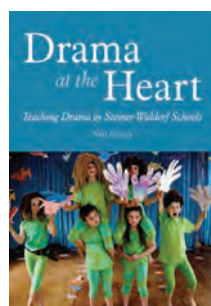
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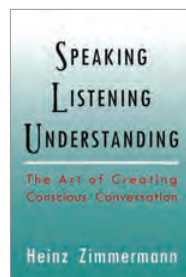
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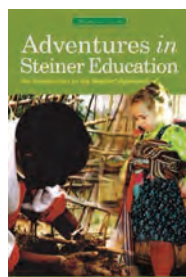


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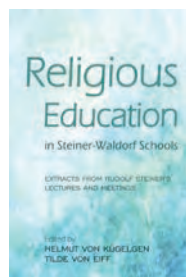


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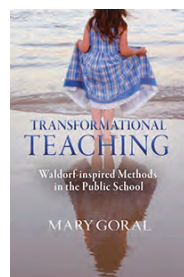
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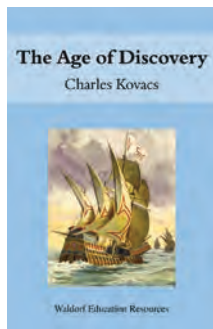
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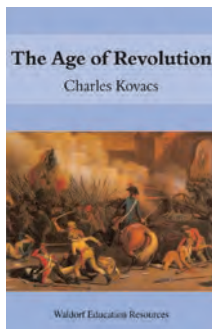


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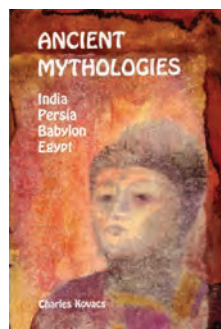


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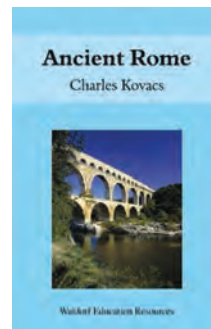


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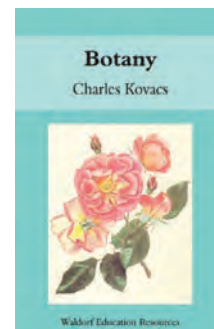


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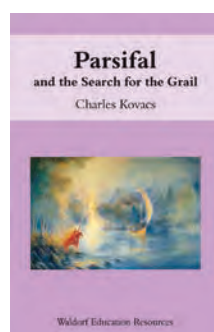
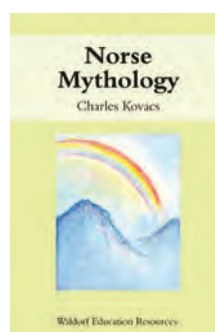
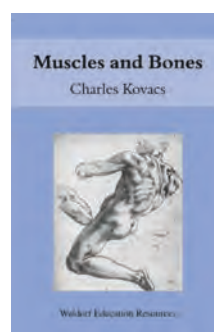
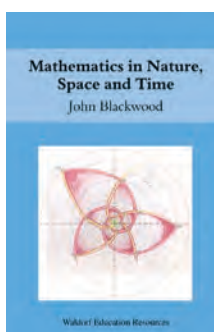
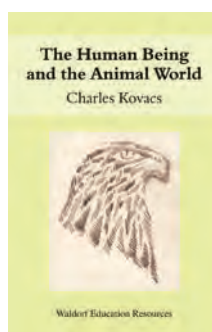
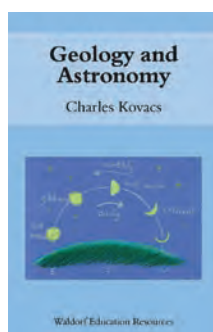
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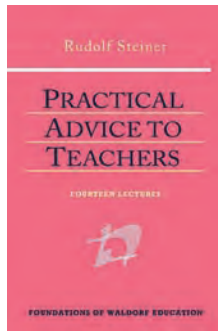
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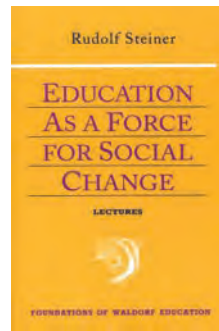
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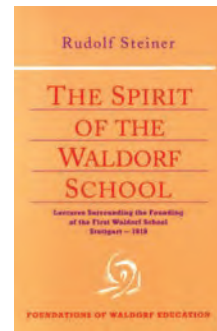
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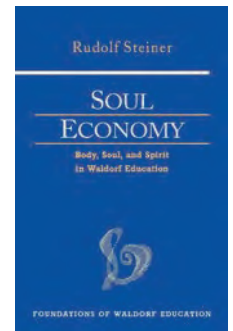


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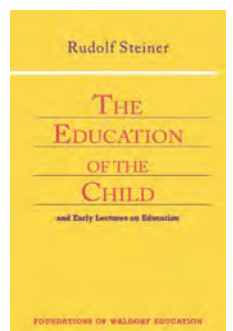
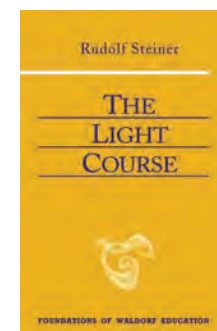
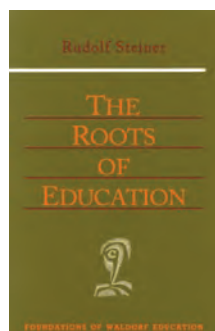
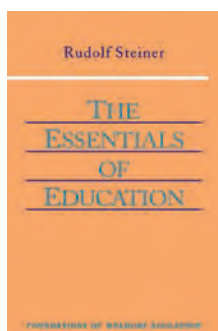
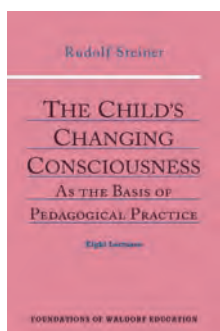
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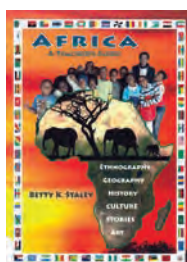




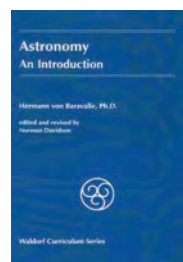
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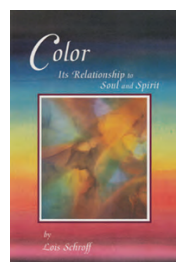
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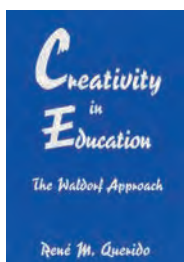
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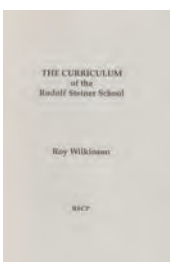
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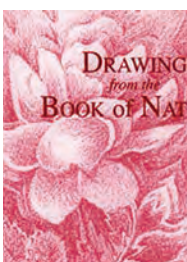
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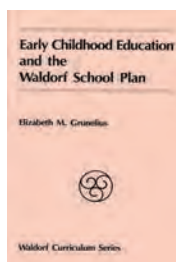
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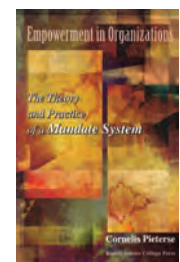
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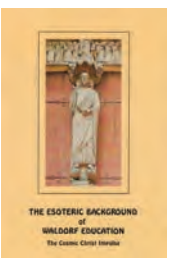
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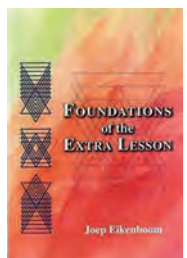
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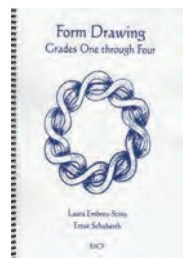
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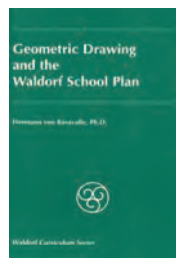
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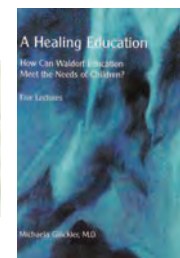
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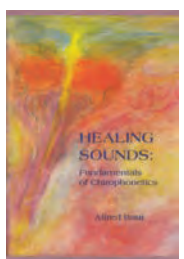
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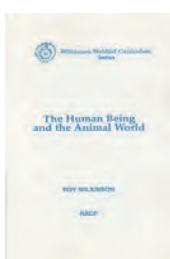
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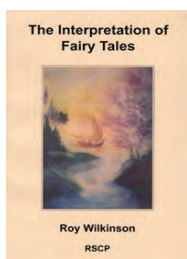
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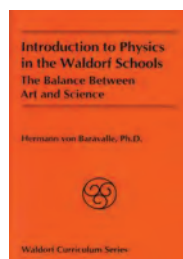
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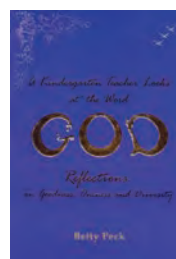
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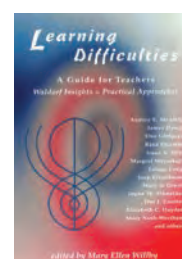
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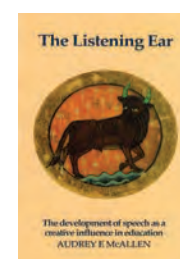
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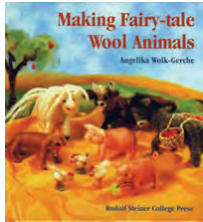
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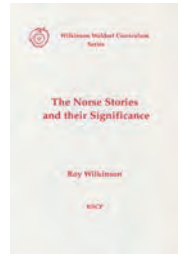
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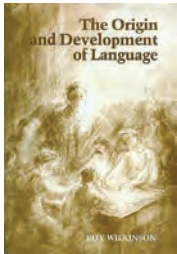
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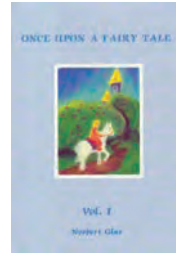
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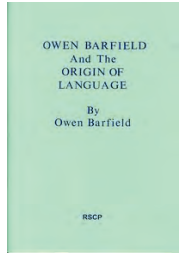
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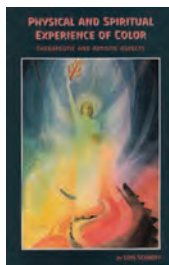
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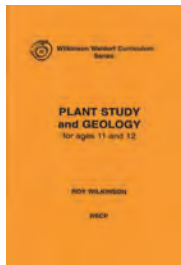
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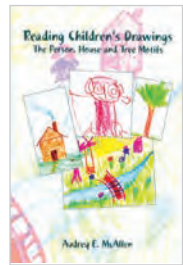
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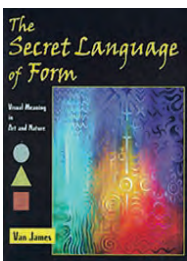
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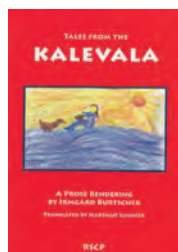
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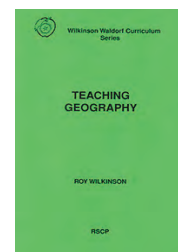
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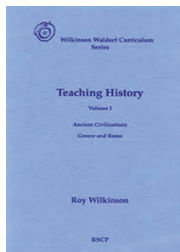
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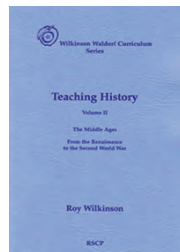
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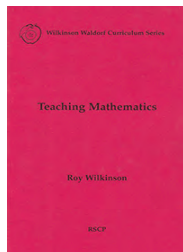
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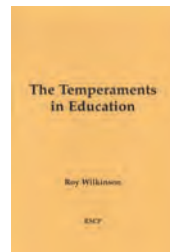
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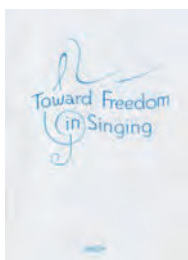
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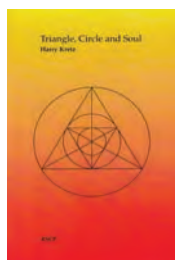
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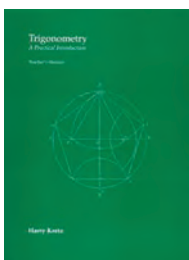
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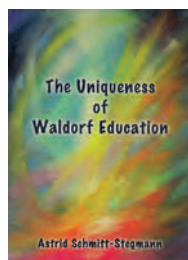
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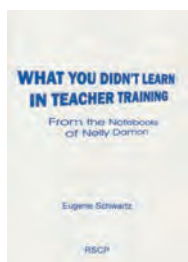
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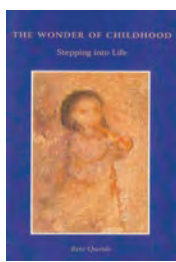
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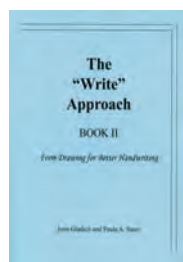
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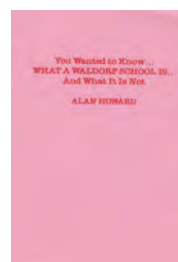
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Understanding Mammals

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WOLFGANG SCHAD

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- Are mammals solely the result of random mutation and natural selection — of essentially external factors — or do the internal dynamics of the organism itself play a role in determining their astonishing diversity?
- Why do cattle have horns and deer have antlers?
- Why do small chipmunks have dorsal stripes that run parallel to their spine and tigers have stripes on their flanks that run parallel to their ribs?

Wolfgang Schad demonstrates how such baffling phenomena can be seen as arising through the special way in which particular organ systems are emphasized in particular species, thus establishing the basis for a systematic scientific understanding of mammalian morphology.

Beginning with an in-depth description of the three main organ systems: the nerve-sense system centered in the head, the metabolic-limb system centered in the digestive organs and the limbs, and the circulatory-respiratory system, or rhythmic system, centered in the chest, Schad shows how these three organ systems function together in a balanced way in the human being while the nerve-sense system dominates in the rodents, the metabolic-limb system in the ungulates, and the rhythmic system in the carnivores. He shows how these one-sided developments come to expression not only in a mammal's size, morphology, dentition, and coloration, but also in its preferred habitat and embryonic development. He finds that rodents such as the porcupine, for example, exhibit a secondary emphasis on the metabolism, whereas squirrels display secondary characteristics of the rhythmic system, and mice exhibit purely nerve-sense characteristics.

Again and again, Schad demonstrates that the key to understanding the mammals' extraordinary diversity is the particular way in which the threefold organism manifests in each taxonomic group.

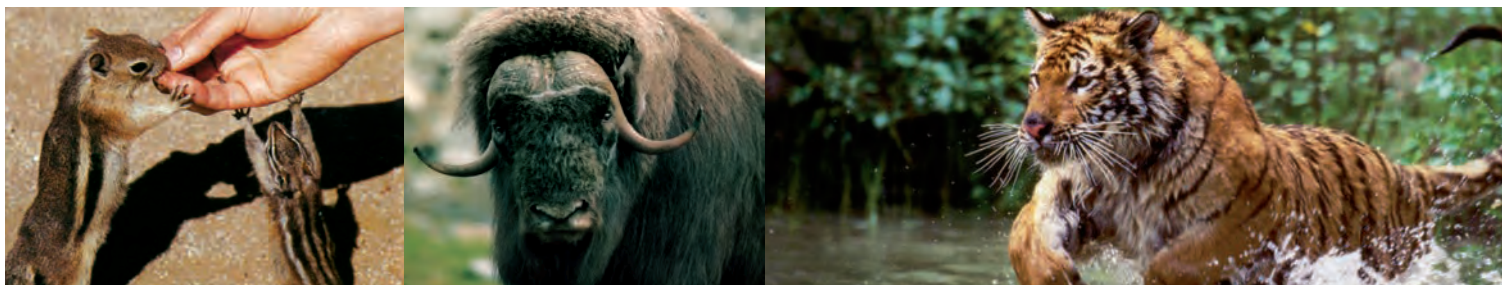
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In almost five decades since its first edition (English title: *Man and Mammals: Toward a Biology of Form*) Wolfgang Schad has continued to add to what has become his life's major work. This expanded second edition includes many new insights and additional chapters on antelopes, marsupials, bats, xenarthrans (armadillos, anteaters, and sloths), and pangolins, as well as on milk and mammalian embryology, and much more.

WOLFGANG SCHAD is University Professor Emeritus at the University of Witten/Herdecke, Germany. Born in southern Germany in 1935, he studied biology, chemistry, and education before becoming a science teacher at the Goetheschule (Waldorf School) in Pforzheim in 1962. From 1975 until 1991 he taught at the Seminar for Waldorf Education in Stuttgart, and in 1992 he was appointed head of the Department of Evolutionary Biology and Morphology at the University of Witten/Herdecke, a position he held until he retired in 2005.



The Mutual Evolution of Earth and Humanity

Sketch of a Geology and Paleontology of the Living Earth

DANKMAR BOSSE

TRANSLATED BY FRANK T. FAWCETT

This epic work by Dankmar Bosse presents, for the first time, a comprehensive picture of the evolution of the earth and its natural kingdoms, based primarily on geology and paleontology, and with reference to the results of Rudolf Steiner's spiritual-scientific research.

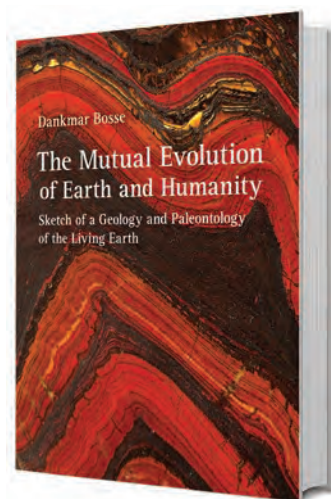
"The Evolution of the Cosmos and Humanity," the fourth chapter of Rudolf Steiner's fundamental work *Die Geheimwissenschaft im Umriss* (1910; English: *An Outline of Esoteric Science*), is the single most extensive expression of Steiner's suprasensible research into evolution as a whole. Still, it is an outline, with much to be explored from any number of perspectives, including, of course, the various fields of natural science, from which Steiner's approach grew.

At long last, with this publication, Dankmar Bosse offers a geo-scientific analog to Steiner's findings. Numerous questions concerning the natural sciences are illuminated from a new direction, as for example the relationship of humanity to the evolution of the animal kingdom, the origin of the deeper crystalline rocks, and the shaping of our present-day landscapes.

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DANKMAR BOSSE studied geology, paleontology and mineralogy at the Freiberg University of Mining and Technology in Saxony (East Germany), and worked for 21 years at the Central Geological Institute in East Berlin, mainly on regional geology and middle European tectonics. He is independently active with seminars, lectures, and excursions, as well as anthroposophic research work in all earth-scientific fields. He is editor of *J.W. Goethe: Die Metamorphose des Granits* (*J.W. Goethe: The Metamorphoses of Granite*), a collection of Goethe's geologic writings (Verlag Freies Geistesleben 1994) and author of a comprehensive book on mineralogy from a natural-science/anthroposophic viewpoint, *Die Evolution der Minerale zwischen Kosmos und Erde* (*The Evolution of the Minerals between Cosmos and Earth, Sketch of a Mineralogy and Crystallography of the Living Earth*) (Verlag des Ita Wegman Instituts, Stuttgart 2015).



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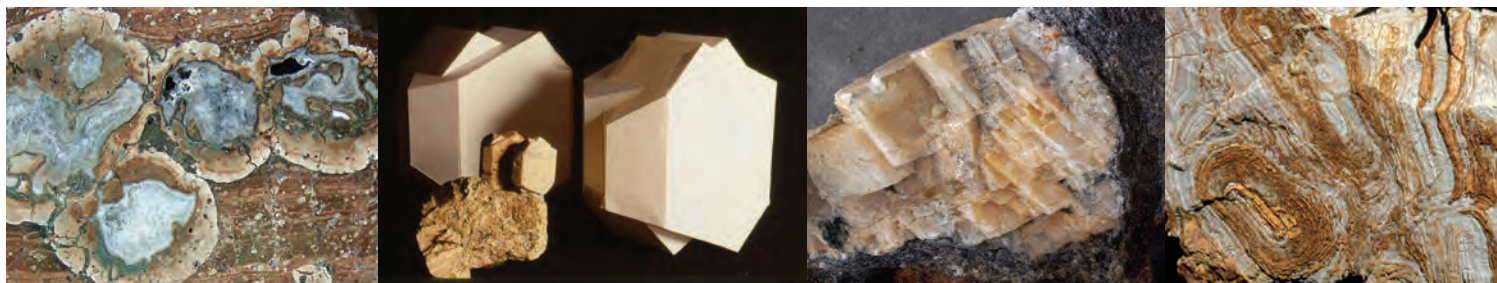
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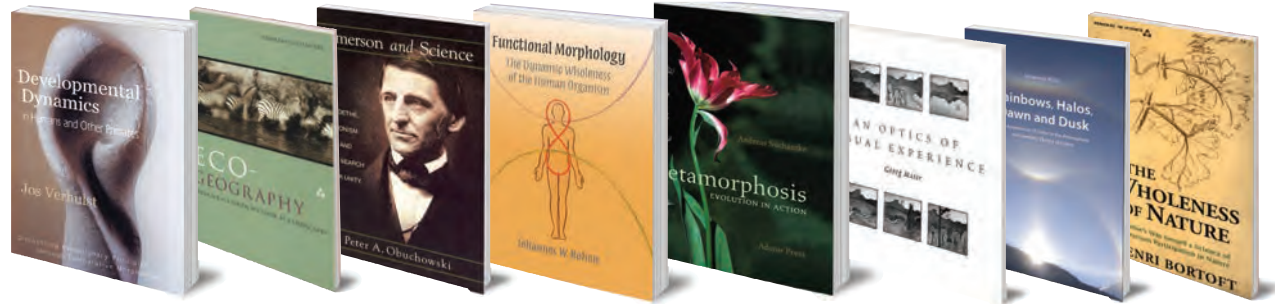
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Under pressure to teach testable knowledge, many mainstream science teachers are driven to begin with the theory, following it with examples of phenomena that are of interest only if they confirm the theory. This indigestible information, un-rooted in experience, leads often to loss of interest because, like creative scientists, children delight in interesting phenomena and love to explore them. Inherent in all aspects of Waldorf education, this approach is of special importance to science educators.



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Gentle Ways and Hard Science for the Early Years

Our children come to us with stars in their eyes. They come to remind us that we are made of far-flung atoms and stardust.

The wisdom of the universe shines from the eyes of a newborn, while the entire evolution of Earth—mineral, plant, animal, human, cosmos—is contained in their still-forming brains.

All cultures throughout time have cherished this newborn potential and in similar ways have sought to cultivate the best in their children: the fittest bodies, perseverance, balanced emotions, empathy, clear thinking, resilience, and wide open creativity. Until very recently, these ways have been gentle ways. Enfolded in the embrace of family, embedded in village life, connected to the Earth for sustenance, children's lives were full of relationship. Working alongside parents, children's days were spent gathering and preparing food, weaving baskets, making music. Children had intimate interface with the world of the senses, as they learned which mushrooms to pick and which to leave, or how to split a branch in just the correct way. Vigorous and fine movements were woven throughout the days as they carried water, played stick ball, spun wool, or at times of ceremony danced and sang in community. Literature and art were accomplished at the foot of a shade tree listening to an elder tell a story or learning to coil clay for the finest pot. Dancing through all of this was time to play and to digest and integrate this wide palette of experience. Children have been sustained for millennia by all of these elements.

Children's lives today, by stark contrast, are truncated: human connection is fragmented by the incessant demand of technology, the senses and movement drugged by screens at every turn, stories are "told" by machines while the con-



tent is driven by the advertising empire, and play has become a four-letter word. The inherent human drive to learn and to gain mastery is thwarted by "scripted" teaching styles, by high-stakes testing, and by the deprivation of healthy movement throughout the school day.

But this bleak picture is beginning to change. We are now developing scientific tools subtle enough to study the infinitely evolving and complex human mind. Science shows us that these time-honored gentle ways of loving human connections—immersion in the sensory world, the need and freedom to move, expressive artistic experiences, stories on which to grow, and all-important play—all nourish, engage, and invite developing human children to discover their boundless gifts and potential. When well modeled by their parents and teachers, children can in turn offer their highest and best selves to the world.

Adele Diamond, a developmental cognitive neuroscientist, asks, "Do you want to optimize executive functions and academic outcomes? Simple; just nourish the human spirit." It is exciting and revelatory for me to hear a neuroscientist speak of the spirit. For the last two centuries, science and spirit, the mind and the heart, which are two language lenses for the same reality, have been torn. It has always been my hope that these differing yet twin forms of understanding could be reunited. In many Asian and native languages, the words for heart and mind are the same.

It is clear to me that the physical brain is the tool of the individual soul. Can we begin to see how supporting and nurturing brain development in young children not only brings gain for the individual child, but also fosters the continuing evolution of humanity?

Two Images as Maps

First, let's look carefully at the flower image, as a map of the journey toward the Self. We can see the central place of the heart, touching and thereby connecting all the various aspects necessary in the child's creation of self. The child needs to be held in an expanding circle of love: first the embrace of mother and father, then the larger circle of extended family and community, always nourished, grounded and in relationship with the natural world. Because we humans are born "unfinished" this love connection offers the child the gift of modeling, by family and loved ones. This sense of belonging can transform into the experience of, as Thich Nhat Han says, our inter-being with all Life and Spirit.

The Evolutionary Brain

Paul MacLean, of the National Institute of Health, was a leading brain scientist in the twentieth century and is best known as the pioneer of our understanding of the triune brain in evolution. In short, MacLean was the first to understand that major parts of the human brain repeat the brain structures of earlier forms of life.

Nature builds in a bottom to top fashion, called a serial functional progression also referred to as scaffolding. This means that each stage of development depends upon the stability, efficiency, and durability of previous stages. In this way, it makes sense that our modern human brain is built upon ancient brain structures.

The Sensory-Motor System

At the bottom of the image, we see the brainstem and a bump to the right. The bump is the cerebellum, associated with motor control and motor learning. It takes in and integrates information from the sensory systems in order to fine-tune motor activity. The sensory systems of the brain reside primarily in, according to MacLean, the “reptilian” part of the brain, which you see above and to the left of the cerebellum.

This most ancient part of the human brain, the sensory-motor or reptilian, still plays a crucial part in your child’s daily life. Because the society we live in is not child-friendly, many children experience sensory integration difficulties. With such a limited “diet” of sensory experience and with widespread movement deprivation, children’s brains are not being fully nourished by sense information nor allowed the integration of this information through movement. It is through immersion in the sense world and the freedom to move that balance in the sensory-motor brain is accomplished. This is crucial for further higher-level development.

The Limbic-Relational System

Above and wrapping around the reptilian brain, we see the mammalian brain system. This is a bottom-up design, with

each further development built upon the foundation of the earlier system.

When we evolved from the reptilian stage, and mammals began emerging, we needed something new. Not exactly a renovation, more like a new addition to accommodate new capacities and new needs. Unlike reptiles, baby mammals at birth are helpless and in need of knowledge and instruction about the world. The capacity for relationship became necessary, and the tool of relationship is emotion. Enter the limbic, or emotional brain.

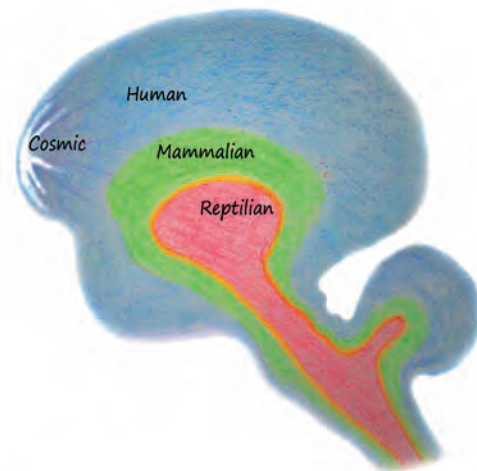
For all mammals but especially for primates, relationship is essential. In humans, this critical necessity for relationship begins in utero. Research from the Center on the Developing Child at Harvard University tells us, “Early prenatal or postnatal experiences and exposures influence long term outcomes by chemically altering the structure of the genes. This is known as epigenetic modification.” Relationship is critical at the most biologically fundamental level, for it is through the relationship with the parents and the environments we create, that the child’s genes are “turned on or turned off.”

The Neocortex: Thinking Brain

Again, we can see the scaffolding Nature so brilliantly uses in her designs. The sensory-motor system is nested inside the emotional-limbic system, which is then nested inside the neocortex. Each earlier structure creates the substructure for the new. And each earlier structure is designed to be called into the service of the higher. The thinking brain can use the incredibly subtle interconnections of the senses, movement and the ability to relate, as a grounding and information-gathering system. This information from our body and our emotions can help to inform the mind, as we shape values and make decisions.

The neocortex is divided into two hemispheres. Each is designed to help us think, but in different and complementary ways. These hemispheres work together in an intricately codependent, integrative way, to give us the gifts of a creative mind. “Brain-scan technology has revealed that the hemispheres’ roles are not quite so

cut-and-dried as once thought. The two hemispheres are, in fact, highly complementary. For example, language processing, once believed to be a function only the left hemisphere, is now understood to take place in both hemispheres; the left side processes grammar and pronunciation, while the right processes intonation. Similarly, experiments have shown that the right hemisphere does not work in isolation with regard to spatial ability:



it seems to deal with a general sense of space, while the left hemisphere deals with objects in specific locations.”

Knowing that the science regarding the hemispheres is always evolving, let’s look at some general qualities and functions of each, keeping in mind that they inherently work hand in hand through the messaging system of the corpus callosum, the bundle of neural fibers that connect the two hemispheres. Together they give us the gift of a thinking mind.

The right cortex is deeply connected to the limbic brain and therefore the senses as well. It helps us to think with our feelings intact, with our heart. It has a holistic, global approach and its language abilities shine in the nonverbal arena, sending and receiving subtle signals of communication like facial expressions, eye contact, voice, and so forth. It is also connected to the present moment and takes in all the rich sense information, which again, can help inform our thoughts. The right brain speaks in images as well, which is why stories are

such powerful teachers, and can capture meaning that words alone do not touch. Broadly, we could say the right hemisphere thinks by synthesis, by gathering all the parts into a unified whole.

The left hemisphere tends to be logical, orderly and detail oriented. Until recently we thought it solely responsible for manifesting goals by breaking down the path toward the goal into a step-by-step plan and then proceeding to walk steadily toward the treasure it has set its sights upon. It certainly plays a critical role, but now we know it does depend upon its partner, the right hemisphere, for completion. It is also the seat of crucial aspects of verbal language. Broadly, we could say the left hemisphere thinks by analysis, by breaking things into small pieces in order to study them better.

In chapter 7 we will learn how stories actually integrate both sides of the brain, wrapping words around the raw power of images and the feelings they elicit. The young child tends to process information primarily through the right hemisphere, as it matures before the left. As the child grows and develops language, memory and a sense of time, the left cortex steps in to bring order and classical “thinking.” Together, they orchestrate a unified whole which we perceive as our seamless life.

The Prefrontal Cortex

Late in Paul MacLean’s career, he began to study our most recent brain structure, the prefrontal cortex, which is found directly behind our forehead. As recently as forty years ago, this area of the brain was called the “silent area” because its function was largely unknown. With time and study, though, researchers began to attribute to the prefrontal cortex our higher virtues of empathy, compassion, and understanding. MacLean called this part of the brain the “angel lobes.” Today, there is an entire field of study dedicated to the prefrontal cortex: developmental cognitive neuroscience.

This area of the brain is the seat of executive function, that part of the

self that exercises choice, self-control, and discipline. Executive function also carries the capacity for creativity, flexibility, and resilience, which is the willingness to risk new challenges, their inevitable mistakes, to problem solve solutions and keep stepping forward. The prefrontal cortex, by way of the anterior cingulate, is also the system through which empathy and caring behavior is learned. This newest structure in the unfolding story of our brain gives us, as well, the potential to touch what some might call the Divine.

Under stressful situations, the prefrontal cortex chooses “fight or flight,” to “disassociate” or to “tend and befriend.” Each of these possibilities brings a dramatically different outcome in the present moment and as neural pathways are laid down to influence the child’s behavior in the future. The way the prefrontal cortex learns to choose is entirely dependent upon which of these responses was modeled for the child in the early years.

The most important nugget to take away from this is to know that its development is environment and experience dependent. All the finest human qualities—the ability to choose, self-regulation, discipline, creativity, flexibility, resilience, and the all-important capacity for empathy and caring—depend on the environment and experiences. We parents, educators, and loving adults are our children’s environment. And we are the ones who structure their experience. As our children continue to grow and as the prefrontal cortex has cyclic growth spurts, we will continue to have the singularly most profound influence on whom it is our child will become.

Putting These Ideas Together

Do you see how these two images, the flower image—the diagram of our gentle ways—and the symbolic image of the brain work together? Our gentle ways of raising children support each aspect of our evolutionary brain. Most importantly, the way we nurture our children determines our collective fu-

ture evolution, as well. The roots and foundation of the flower image, representing the senses and movement, correlate to our own evolutionary roots, the sensory-motor part of the brain. By offering our children a wide palette of sensory immersion, as well as freely chosen vigorous and fine movement, we nourish and support the integration of this primal part of their brain.

It is not a surprise that the heart of the flower image, the love connection, is central and networking with all the other petals of the flower. Like our own limbic/relational system in concert with the anterior cingulate, the emotions connect our bodies, including their needs and impulses, with our capacity to think. Our emotions help us to appreciate the sense-beauty that surrounds us and also help inform our choices, decisions, and creativity. Our relational ability, if well modeled by loving adults, can become a “user’s manual” for your child’s future.

The branches of the flower diagram represent the neocortex and weave together the gentle ways of stories, artistic activity, and creative play. Through the verbal language of stories and the imaginal language of art, the left and right hemispheres can develop an internal conversation, becoming integrated, and learning to work together in harmony. In the highest branches, representing the prefrontal cortex, we find it is through the magic of creative play that the “angel lobes” grow to take the leadership role for which they are designed. Through play the child learns, day-by-day, how to self-regulate, nurture, negotiate, solve problems, be inclusive, use language to express and transform raw emotions, experience the wide-open breadth of creativity, and endlessly more. These are the tools your child unconsciously uses as she slowly grows into her own Self.

This work of creating a Self is designed by Nature to be done in tandem; we adults are responsible for striking a delicate balance. But how do we find this balance? Read on as we explore many layers of the love connection.

Childhood Illnesses and Immunizations

Anthroposophic Ideas to Ensure the Wellbeing of Our Children in this Digital Age

Ross Rentea MD, Mark Kamsler MD, Andrea Rentea MD

From the introduction

In some circles, immunization is seen as a self-understood duty, done to prevent illnesses that are perceived as a calamity. Side effects are minimized or denied altogether. In those circles there is, of course, no controversy. The immunization proponents point to millions of lives that may have been spared because of the immunizations.

In those opposed to immunizations, two concerns arise. On one hand, it is pointed out that through immunizations childhood illnesses are suppressed. Injecting directly into the circulation or under the skin an antigen that causes an immune reaction is not the same as a natural infection contracted through the airways or via the intestinal tract. The difference is also seen in that normally after a vaccine, no fever reaction is demonstrated such as commonly occurs after the actual illness. Secondly, significant dangers (whether immediate or delayed) connected to immunizations are pointed out. The opponents to immunization stress that many people have been seriously damaged by immunizations, which are often given unnecessarily, or are given because the law or the school demanded it. In these circles immunizations are viewed very negatively and free choice, whether to immunize or not is emphasized. Often, however, what that choice might consist of, or what knowledge is necessary in order to make that an informed choice, is not addressed.

More importantly, however, in the debate over the usefulness of or dangers of immunizations, the central topic of the

meaning and purpose of a child's development and of the childhood illnesses themselves has been largely ignored. In an age in which we want to put illnesses behind us as quickly as possible and get on with "normal life", it seems counter-intuitive not to want to embrace wholeheartedly any method that, like immunizations, quickly rids us of the disease annoyance. On a basic level, this is an understandable desire. Nevertheless, some caution is in order, since to the same extent that childhood illnesses have disappeared, other illnesses have increased exponentially. These are illnesses that are essentially hardening, degenerative ("sclerotic"), and chronically debilitating. Childhood is being invaded by diseases that typically used to be seen only in midlife or even later: obesity, cancer, diabetes, hardening of the arteries, and so forth. Therefore, childhood illnesses seem to have an important developmental and "preventive" role.

What has also not been addressed sufficiently or at all are the life style and educational changes that are made necessary by the act of immunization or the very absence of the childhood illnesses due to the so-called "herd effect". We will address these issues in this book.

The central concern of anthroposophic doctors is that the reality of the human being as a spiritual being with an individual destiny has been lost. No discussion is adequate without an understanding of the profound role of the childhood illnesses in the development of the totality of the mature adult. Is the

childhood illness just a nuisance, or does it perhaps constitute an activity that the person actually wills on his or her own?

Is health perhaps not just absence of disease, but a struggle to achieve mastery over ourselves through the illness? After all, a healthy life is not just a state of being constantly awake or constantly asleep, but also a successful rhythmical alternating between the two states.

Without taking into account the substantial insights that have been gained (and constantly increasing) by the original research of Rudolf Steiner and the subsequent efforts by the anthroposophic doctors, no ultimate understanding can be achieved of the illnesses contemplated, or the practice of immunization. Only with these insights can a clear picture emerge: whether illnesses should be prevented or not, or when. Such insights are also needed to develop an understanding of the underlying fears involved in giving or not giving these interventions.

Without significant consideration given to the supra-sensory nature of the human being, the debate will ultimately degenerate to a battle between opposing views based on the limited needs of the physical constitution.

DRS. ROSS RENTEA, MARK KAMSLER and ANDREA RENTEA are practicing physicians, specializing in anthroposophic, holistic, and natural medicine. They are co-founders of True Botanica, with the goal of creating new pharmaceutical quality products uniting the best in emerging modern nutritional technology with insights given by Rudolf Steiner, as well as the Lili Kolisko Institute, a non-profit organization for education, research, and social help in the anthroposophic healthcare field.

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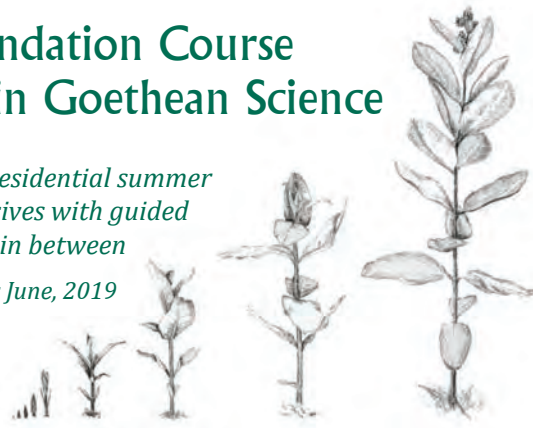
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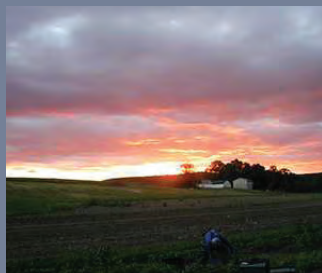
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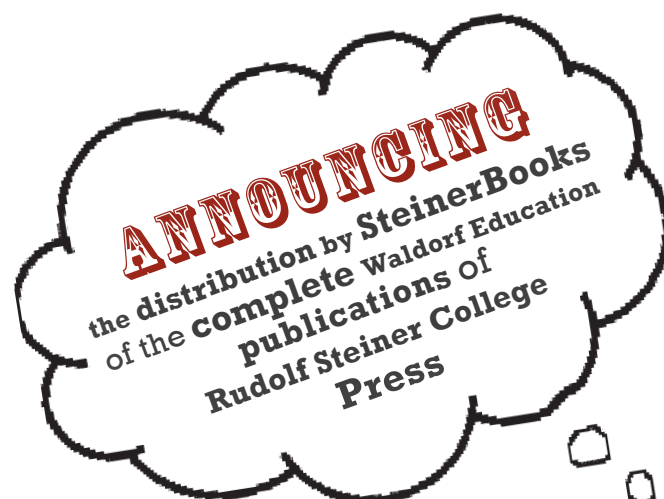
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